

Hudson Valley Nursing Home Update

Your Voice Matters in Hudson Valley Nursing Homes!

Did You Know?

More than 12,000 people live in nursing homes across the Hudson Valley and they deserve safe, dignified, and respectful care. But, all too often, residents and families face serious challenges: short staffing, poor care, and weak enforcement of critical protections.

That's why the Long Term Care Community Coalition invites you to our Hudson Valley Nursing Home Updates – free bi-monthly programs that provide tools, data, and expert insights for families, advocates, and local stakeholders.

Whether you're a caregiver, advocate, long-term care ombudsman, legislator, or just someone who cares, your participation makes a difference!

What You'll Gain:

- Learn how to spot and report neglect or unsafe conditions
- Get the latest data on staffing, quality, and safety in Hudson Valley nursing homes
- Free fact sheets and tools to support better care

County	Total Nurse Staff HPRD	Expected Total Nurse Staff HPRD	RN HPRD	Expected RN HPRD
Columbia	2.64	4.81	0.45	0.94
Dutchess	3.27	4.94	0.46	0.99
Greene	3.58	5.03	0.44	1.02
Orange	3.65	5.05	0.71	1.04
Sullivan	3.32	5.04	0.52	1.03
Ulster	3.86	5.05	0.60	1.03
NY Average	3.66	5.04	0.70	1.03

This table presents average staffing levels for Hudson Valley nursing homes by county.

Find staffing, rating, and other quality information at www.nursinghome411.org/hudsonvalley.

All prior programs and resources are available at www.nursinghome411.org/hudsonvalley.

Please feel free to use and share!

Upcoming Programs:



June 18, 2026
August 20, 2026
11am-12pm ET



Register:

bit.ly/ltccc-hudson-valley-2026

Join us for valuable updates on the latest staffing, safety, and quality indicators for Hudson Valley nursing homes.

HIGHLIGHTS FROM RECENT UPDATES

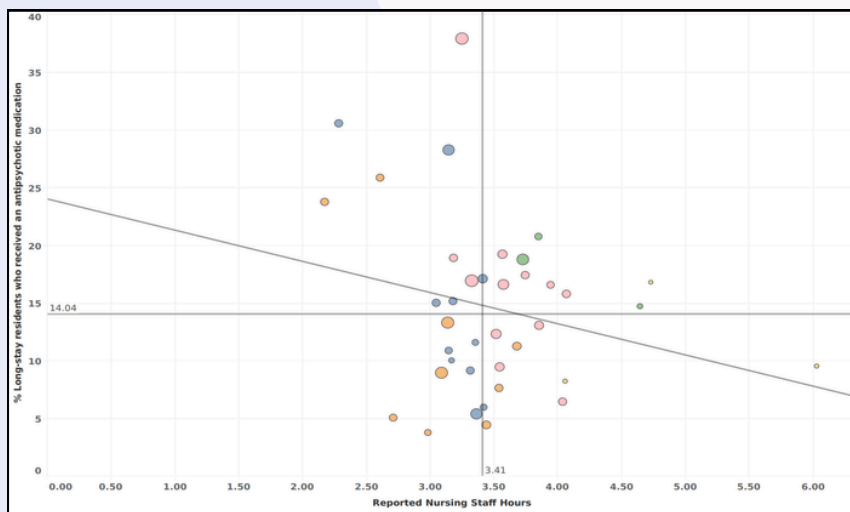
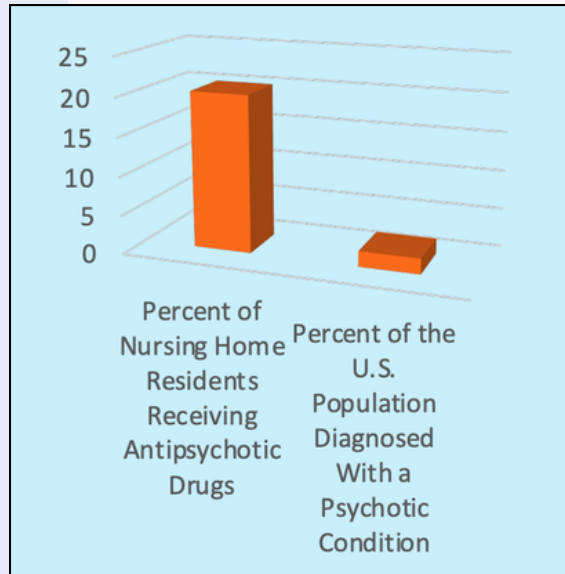
Previous programs and resources are available at www.nursinghome411.org/hudsonvalley.



DRUGGING + DEMENTIA

About 20% of nursing home residents are prescribed antipsychotic drugs, even though only about 2% of the general population is ever diagnosed with a psychotic disorder. Too often, these drugs are used to manage distress or behavioral symptoms associated with dementia, despite an FDA Black Box warning against administering these drugs to elderly dementia patients. These drugs can cause serious side effects, including falls, strokes, and increased cognitive decline, while failing to address the underlying causes of so-called “behaviors.”

Learn more in our April 2026 program and visit NursingHome411.org/dementia-care-toolkits for our free dementia care resources.



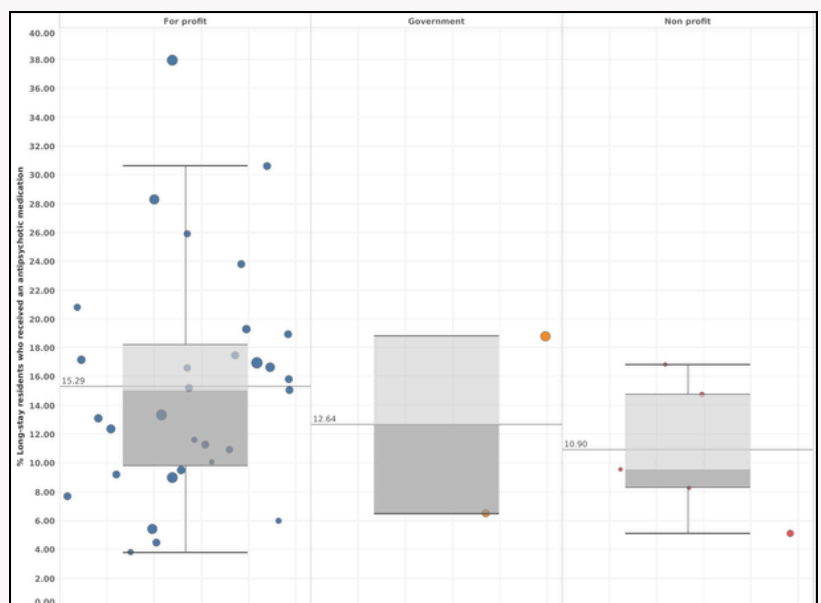
Learn more in our April 2026 program.

NURSE STAFFING AND ANTIPSYCHOTIC DRUGGING

Facilities with higher staffing levels tend to have lower rates of antipsychotic drugging, reinforcing the importance of adequate staffing in providing person-centered dementia care.

OWNERSHIP AND ANTIPSYCHOTIC DRUGGING

While there is variation within each ownership category, the data demonstrate that organizational structure can influence quality. This chart shows that for-profit Hudson Valley nursing homes have 40% higher antipsychotic drugging rates than non-profit facilities.



Learn more in our April 2026 program.