

# LONG TERM CARE COMMUNITY COALITION

*Advancing Quality, Dignity & Justice*

## Supporting Older Adults and Families Living with Dementia

Free, practical tools for professionals and community-based agencies

Every day, professionals like you help older adults and families navigate complex, emotionally charged dementia care decisions — often during moments of crisis.

Families come to you when they are overwhelmed by:

- Behavior changes, safety concerns, or caregiver burnout
- Questions about home care, assisted living, or nursing homes
- Confusion about rights, services, and next steps
- Conflicts between family members or between families and providers
- Calls about finding safe, appropriate care.

While no single resource can solve every challenge, **having clear, trustworthy, and practical tools** can make a meaningful difference for families — and support your work.

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### [The Dementia Care in the Community Toolkit](#)

The Long Term Care Community Coalition (LTCCC) created the Dementia Care in the Community Toolkit to support high-quality, person-centered care for people living with dementia at home or in assisted living.

The toolkit is:

- Free and online
- Available in English and Spanish
- Designed for family and friend caregivers and the professionals who support them.

It is especially useful for:

- Understanding dementia and common changes in behavior
- Communication strategies and care planning
- Recognizing underlying conditions
- Identifying positive and appropriate activities
- Transitions in care, palliative care, and hospice.

What the toolkit includes:

- **Plain-language fact sheets on:**
  - ⇒ Understanding dementia and changes in behavior
  - ⇒ Communication strategies and care planning

**ACCESS THE TOOLKIT: [HTTPS://NURSINGHOME411.ORG/LEARN/DEMENTIA-CARE-IN-THE-COMMUNITY/](https://nursinghome411.org/learn/dementia-care-in-the-community/)**

- ⇒ Pain, nutrition, hydration, safety, and activities
- ⇒ Palliative and hospice care, transitions, and more!
- **Quick “care cards”**: Concise tip sheets that can be printed or keep on a phone to use in everyday situations.
- **Mini-Module Education Programs**: Brief, focused video modules.
- **Links to additional vetted resources** from leading dementia and caregiver organizations.

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## How you can use the toolkit: Easy ways to get started

The toolkit is designed to **complement — not replace — your expertise**. Uses include:

- Sharing links or PDFs with families after consultations or intakes
- Incorporating care cards into caregiver education or support groups
- Using materials to reinforce guidance you’ve already provided
- Supporting staff and volunteers who are new to dementia-related work
- Providing a neutral, non-commercial resource during disputes or crises.

### Upcoming: Train-the-Trainer Program

**On May 14, 2026 (1:00–1:30 pm), LTCCC will host a brief training with a slide deck that can be used to orient office staff on dementia basics and tools for families and those who work with them.**

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## About LTCCC

The **Long Term Care Community Coalition (LTCCC)** is a nonprofit organization dedicated to improving care and quality of life for people receiving long-term care services in all settings.

### Learn more & share with families

- **Dementia Care Resources**: <https://nursinghome411.org/dementia-care-toolkits/>
- **Family Resource Center**: <https://nursinghome411.org/families/>
- **Nursing Home Staffing Resource Center**: <https://nursinghome411.org/staffing-resource-center/>
- **Assisted Living Guides**: <https://nursinghome411.org/assisted-living-guidebooks/>
- **Contact LTCCC**: [info@ltccc.org](mailto:info@ltccc.org) We welcome conversations about how these free resources can support your clients and communities.



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