

LONG TERM CARE COMMUNITY COALITION

Advancing Quality, Dignity & Justice

Supporting Constituents Who Are Caregivers for Someone With Dementia

Free, practical resources for your community

Many working-age adults in your district are quietly managing two demanding roles — worker and family caregiver. Millions of people are providing support to a parent, spouse, or other relative living with dementia, often while working 30–40+ hours per week.

For legislative community offices, this reality shows up as:

- Calls about finding safe, appropriate care
- Concerns about assisted living, home care, or nursing homes
- Families overwhelmed by behavior changes or crises
- Questions about rights, services, and “what to do next.”

You cannot solve every caregiving challenge — but you *can* connect constituents with trustworthy, practical information that helps them navigate dementia care more safely and confidently.

The Dementia Care in the Community Toolkit

The Long Term Care Community Coalition (LTCCC) created the **Dementia Care in the Community Toolkit** to support high-quality, person-centered care for people living with dementia at home or in assisted living.

The toolkit is:

- Free and online
- Available in English and Spanish
- Designed for family and friend caregivers, and frontline staff in home care, assisted living, and community-based settings.

Key components include:

- **Plain-language fact sheets on:**
 - ⇒ Understanding dementia and changes in behavior
 - ⇒ Communication strategies and care planning
 - ⇒ Pain, nutrition, hydration, safety, and activities
 - ⇒ Palliative and hospice care, transitions, and more!
- **Quick “care cards”:** concise tip sheets that constituents can print or keep on their phone to use in everyday situations
- **Mini-Module Education Programs:** Brief, focused video modules
- **Links to additional vetted resources** from leading dementia and caregiver organizations.

ACCESS THE TOOLKIT: [NURSINGHOME411.ORG/LEARN/DEMENTIA-CARE-IN-THE-COMMUNITY/](https://nursinghome411.org/learn/dementia-care-in-the-community/)

How your office can use the toolkit: Easy ways to get started

1. **Add the toolkit link** to your website's "resources" or "constituent services" page.
2. **Include the toolkit** in follow-up emails to constituents who contact your office about dementia, elder care, or long-term care concerns.
3. **Share the resources** with staff so they are better equipped to talk with families about dementia and care options.

These offerings are non-commercial and designed to fit easily into the information and referral work your office already does.

Upcoming: Train-the-Trainer Program: Join us on May 21, 2026, at 1-1:30pm for a brief program with a slide deck that can be used to orient staff or interns on dementia basics and tools for families.

About LTCCC

The **Long Term Care Community Coalition (LTCCC)** is a nonprofit organization dedicated to improving care and quality of life for people receiving long-term care services in all settings.

Learn more or connect

- **Dementia Care Resources:** <https://nursinghome411.org/dementia-care-toolkits/>
- **Family Resource Center:** <https://nursinghome411.org/families/>
- **Supporting Your Constituents During a Nursing Home Stay:** <https://nursinghome411.org/alert-guide-legislators/>
- **Nursing Home Staffing Guide for Legislators:** <https://nursinghome411.org/legislators-staffing-guide/>
- **Contact LTCCC:** info@ltccc.org We welcome conversations about how these free resources can support your constituents and inform your work on aging and long-term care.



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