

LONG TERM CARE COMMUNITY COALITION

Advancing Quality, Dignity & Justice

Supporting Congregants Who Are Caregivers for Someone With Dementia

Free, practical resources for your faith community

In every congregation there are members who are quietly balancing work, worship, and caregiving. Many are supporting an aging parent, spouse, or other relative living with dementia — often while working full time and caring for children or grandchildren.

For faith communities, this reality shows up as:

- Members feeling overwhelmed, isolated, or guilty
- Caregivers missing services or activities because of their responsibilities
- Requests for guidance, prayer, or practical support around dementia.

You cannot remove the burden of dementia — but you *can* help caregivers feel less alone, more informed, and more supported.

[The Dementia Care in the Community Toolkit](#)

The **Long Term Care Community Coalition (LTCCC)** created the **Dementia Care in the Community Toolkit** to support high-quality, person-centered care for people living with dementia at home or in assisted living.

The toolkit is:

- Free and online
- Available in English and Spanish
- Designed for family and friend caregivers, people living with dementia, and frontline staff in home care, assisted living, and community-based settings.

Key components include:

- **Plain-language fact sheets on:**
 - ⇒ Understanding dementia and changes in behavior
 - ⇒ Communication strategies and care planning
 - ⇒ Pain, nutrition, hydration, safety, and meaningful activities
 - ⇒ Medication use, including psychotropic drugs
 - ⇒ Palliative and hospice care, transitions, and more.
- **Quick “care cards”:** concise tip sheets that caregivers can print or keep on their phone to use in everyday situations.
- **Mini-Module Education Programs:** Brief, focused video modules.
- **Links to additional vetted resources** from leading dementia and caregiver organizations.

ACCESS THE TOOLKIT: [NURSINGHOME411.ORG/DEMENTIA-CARE-IN-THE-COMMUNITY/](https://nursinghome411.org/dementia-care-in-the-community/)

How your congregation can use the toolkit

Easy ways to get started:

1. **Share the toolkit link** in your bulletin, newsletter, website, or WhatsApp/email lists.
2. **Highlight the toolkit** in programming for older adults, caregivers, or family ministries.
3. **Use the introductory webinar or mini-modules** as the basis for a caregiver support group discussion or educational hour.
4. **Equip clergy and lay leaders** with materials so they feel more prepared when supporting families facing dementia.

Upcoming: Train-the-Trainer Program: Join us on April 23, 2026, at 1-1:30pm for a brief program with a slide deck that clergy, lay leaders, or volunteer coordinators can use to lead basic information sessions or support groups for caregivers. Register at <https://nursinghome411.org/dementia-care-in-the-community/>.

About LTCCC

The **Long Term Care Community Coalition (LTCCC)** is a nonprofit organization dedicated to improving care and quality of life for people receiving long-term care services in all settings.

More resources

- **Dementia Care Resources:** <https://nursinghome411.org/dementia-care-toolkits/>
- **Family Resource Center:** <https://nursinghome411.org/families/>
- **Nursing Home Staffing Resource Center:** <https://nursinghome411.org/staffing-resource-center/>
- **Assisted Living Guides & Resources:** <https://nursinghome411.org/assisted-living/>
- **Contact LTCCC:** info@ltccc.org We welcome conversations with congregations and faith-based organizations about how these free resources can support their communities.



Thank you to The Fan Fox & Leslie R. Samuels Foundation for its generous support of this project.

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