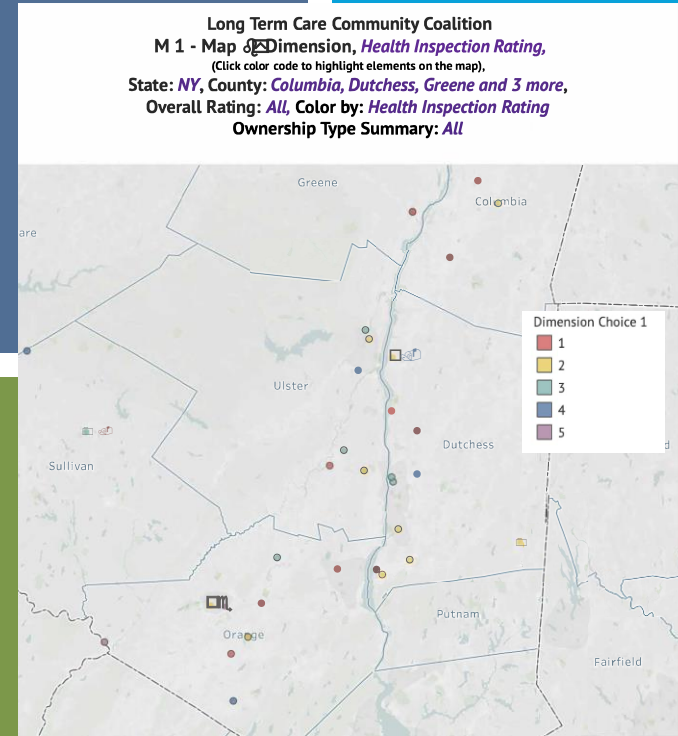




Hudson Valley Nursing Home Update: August 2025

Part I. Recognizing & Addressing Abuse & Neglect with Special Guest Deborah Truhowsky

Part II. Data Update: Insights into HV Nursing Home Quality & Safety?

www.nursinghome411.org

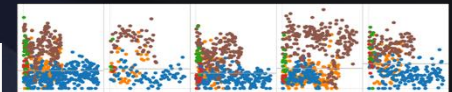
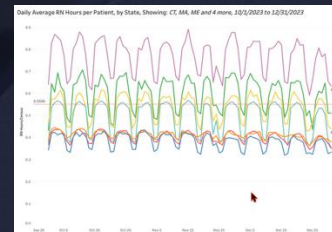
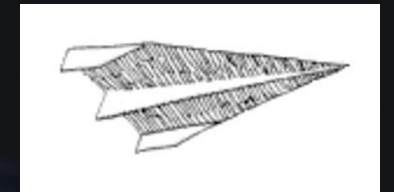
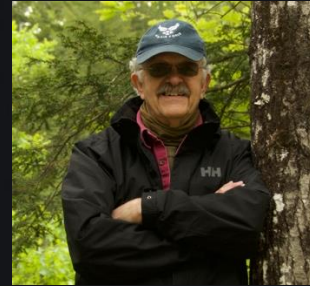
+ The Long Term Care Community Coalition

- **LTCCC**: Nonprofit, nonpartisan organization dedicated to improving care & quality of life for the elderly & adult disabled in long-term care (LTC).
- **Our focus**: People who live in nursing homes & assisted living.
- **What we do**:
 - Policy analysis and systems advocacy;
 - Data resources & analyses;
 - Education of consumers and families, LTC ombudsmen, and other stakeholders;
 - Home of two local LTC Ombudsman Programs in the Hudson Valley.
- **Website**: www.nursinghome411.org.

John W. Rodat Public Signals, LLC

Think in systems ...
and *Use the Damn Data*

john.rodatt@publicsignals.com
518-573-7473





Outline of Today's Program



RESIDENT RIGHTS:
Recognizing &
Addressing Abuse &
Neglect.



**DATA BRIEFING &
INSIGHTS**



Discussion & Q & A.



Special Guest

Deborah
Truhowsky

- Deborah Truhowsky has dedicated her professional career to helping residents and families who have been the victims of abuse, neglect, or substandard care.
- In addition to her legal practice, Deb has been a long-time advocate for residents and their families.
- She has provided many trainings and programs on improving care, including for the LTC Ombudsman Programs, LTCCC, and other organizations.
- Deb has been a member of LTCCC's Board of Directors for 20 years and has served as our Board President since 2014.

+ Hudson County Nursing Home
Update – Part 2

Data Insight & Resources

+ Data

■ What are we talking about?

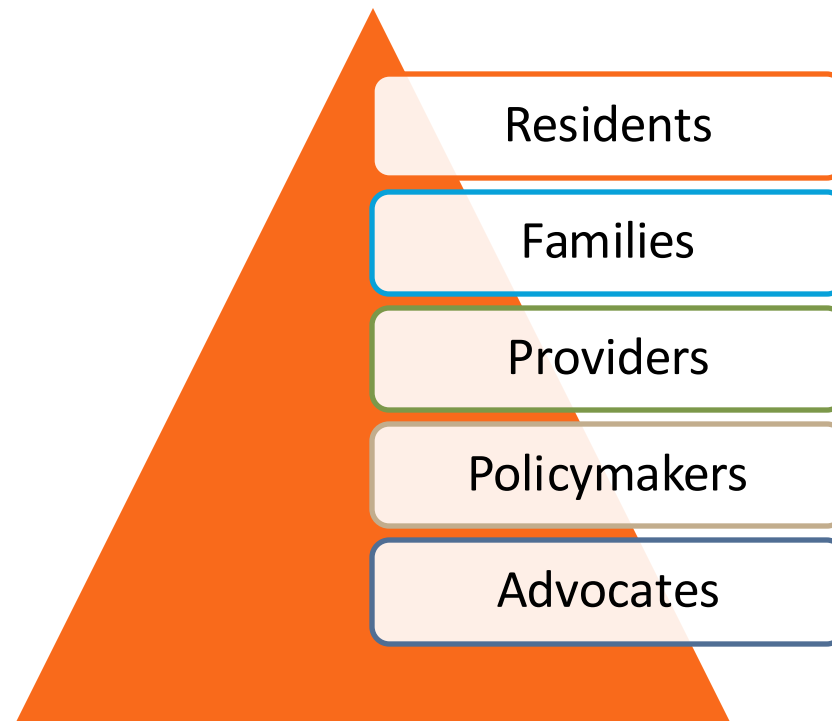
- **Staffing information** lets us know the extent to which a nursing home is providing sufficient nursing staff to meet resident needs and key non-nursing staff to oversee clinical care, dietary, provide activities, etc....
- **Enforcement information** lets us know when a facility has been cited for substandard care, neglect, or abuse.
- **Ownership information** tells us whether a facility is run for-profit or is owned by the government or a non-profit and whether it is part of a chain.
- **Financial information** tells us where the money is going.
- **Performance information**, such as hospitalization rates, antipsychotic drugging rates, and pressure ulcer rates, can provide insights into quality of care and safety.



+ Data

■ Why are data important?

- Provide evidence of nursing home practices and performance.
- Enable comparisons between nursing homes, nursing home companies, etc...
- Support efforts to address problems and improve care by all stakeholders:





Weekend Staffing

It is well known that, overall, nursing home staffing levels tend to be lower on weekends and holidays.

■ *However...*

- Nursing home resident needs do NOT decrease on weekends and holidays,
- Nursing home payments do NOT decrease on weekends and holidays.

Some operators argue that staff call out on holidays.

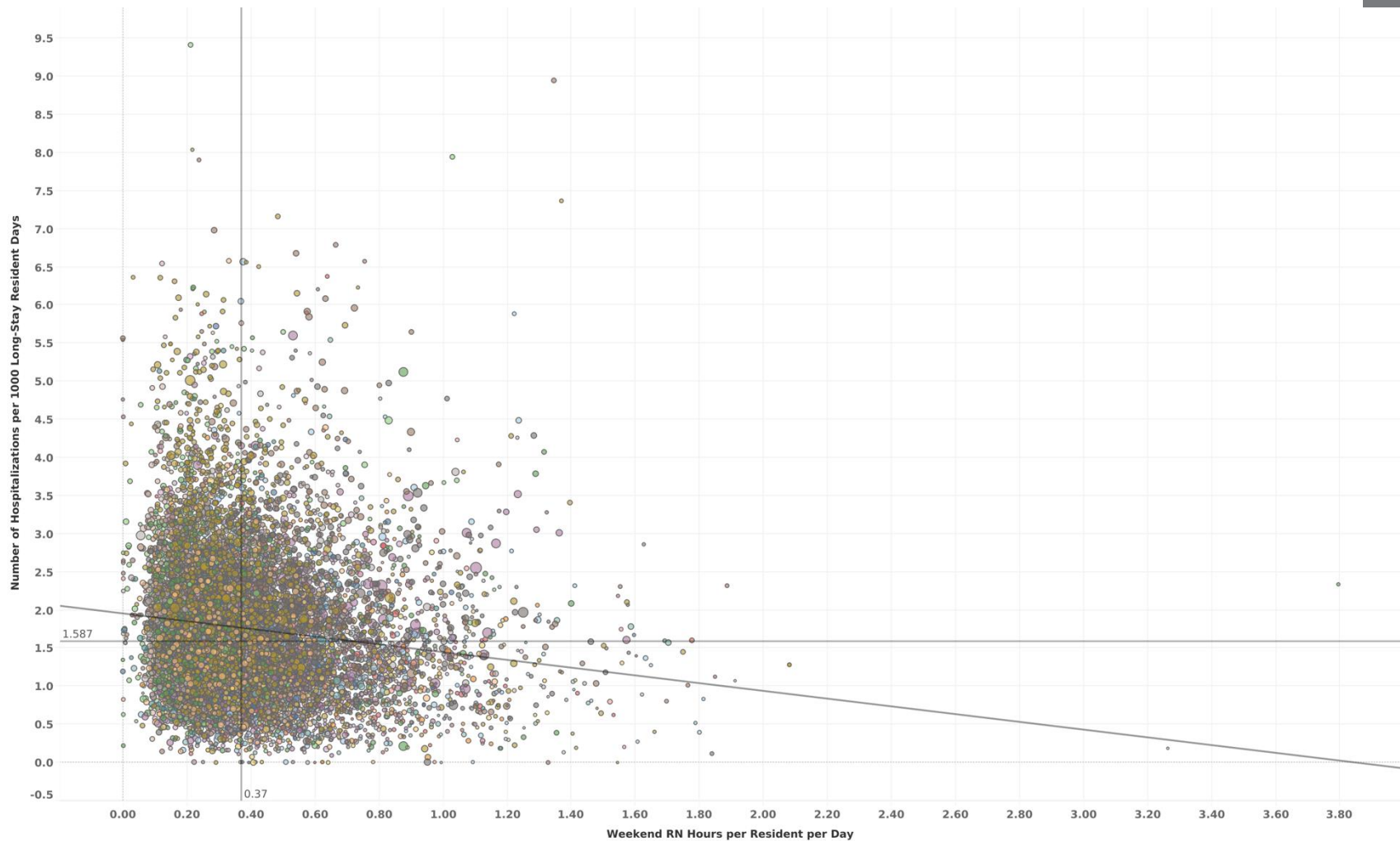
■ *However...*

- Most nursing homes have been in business for many years,
- This is NOT their first weekend or Christmas or July 4th.

There is no legitimate or acceptable excuse for insufficient staffing on weekends or holidays, period.

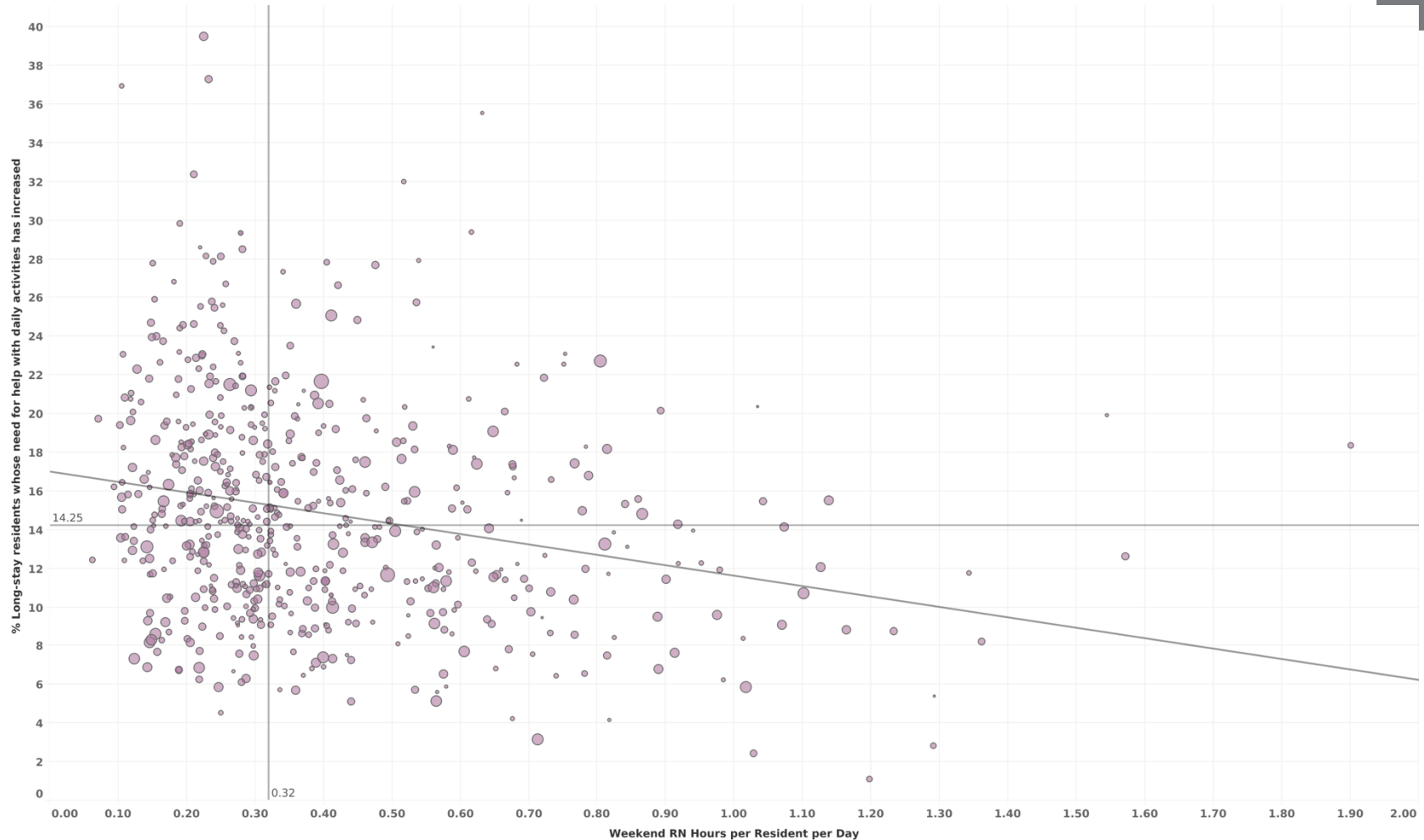
+ Does Weekend Staffing Matter?

YES! As weekend RN staffing goes up hospitalizations go down.



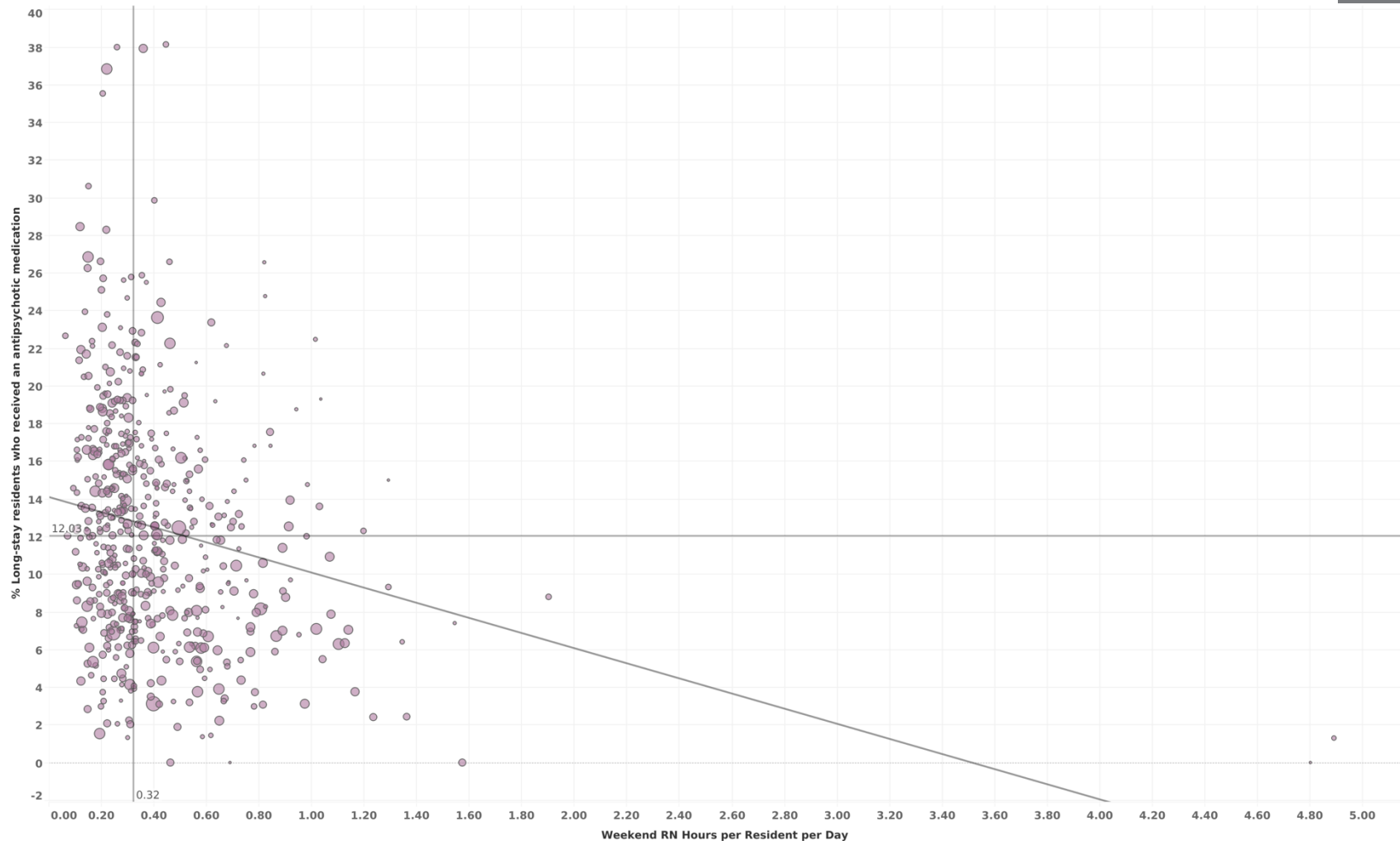
+ Does Weekend Staffing Matter?

YES! As weekend RN staffing goes up, the percent of residents needing help with daily activities goes down.

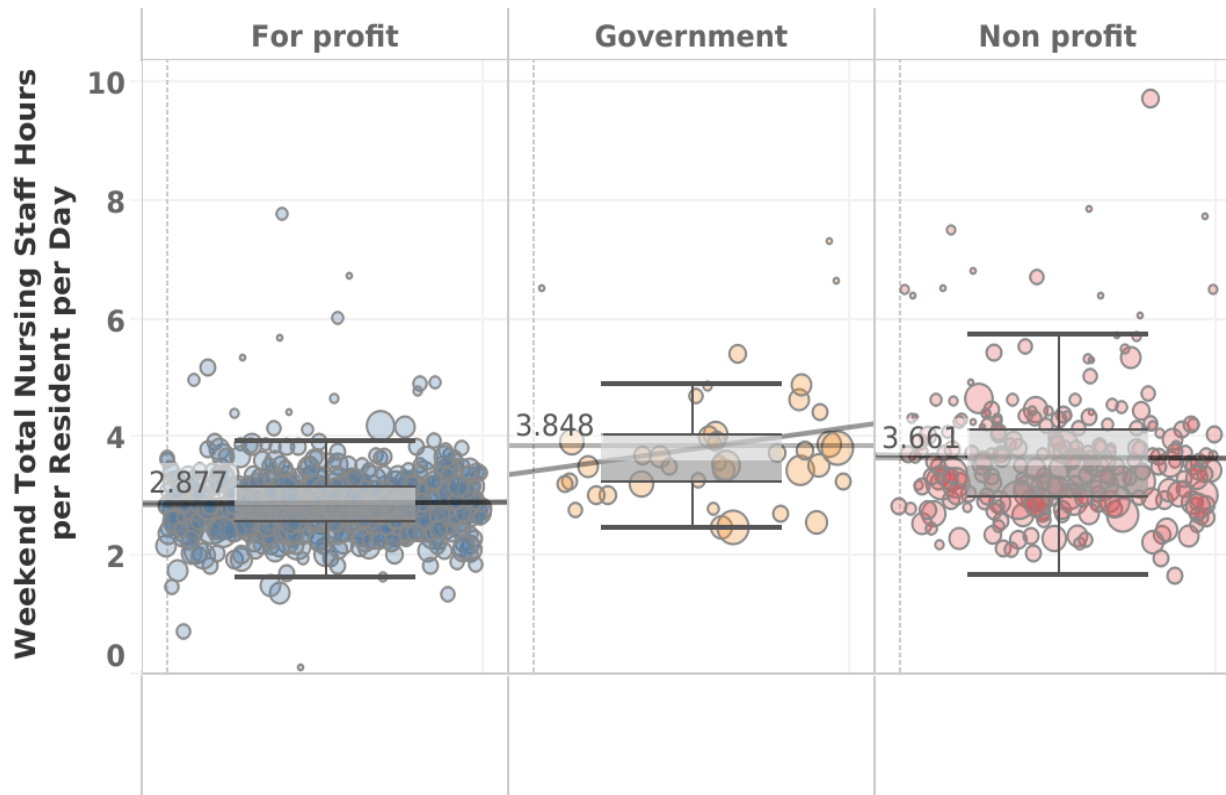


+ Does Weekend Staffing Matter?

YES! As weekend RN staffing goes up, the use of dangerous antipsychotics goes down.



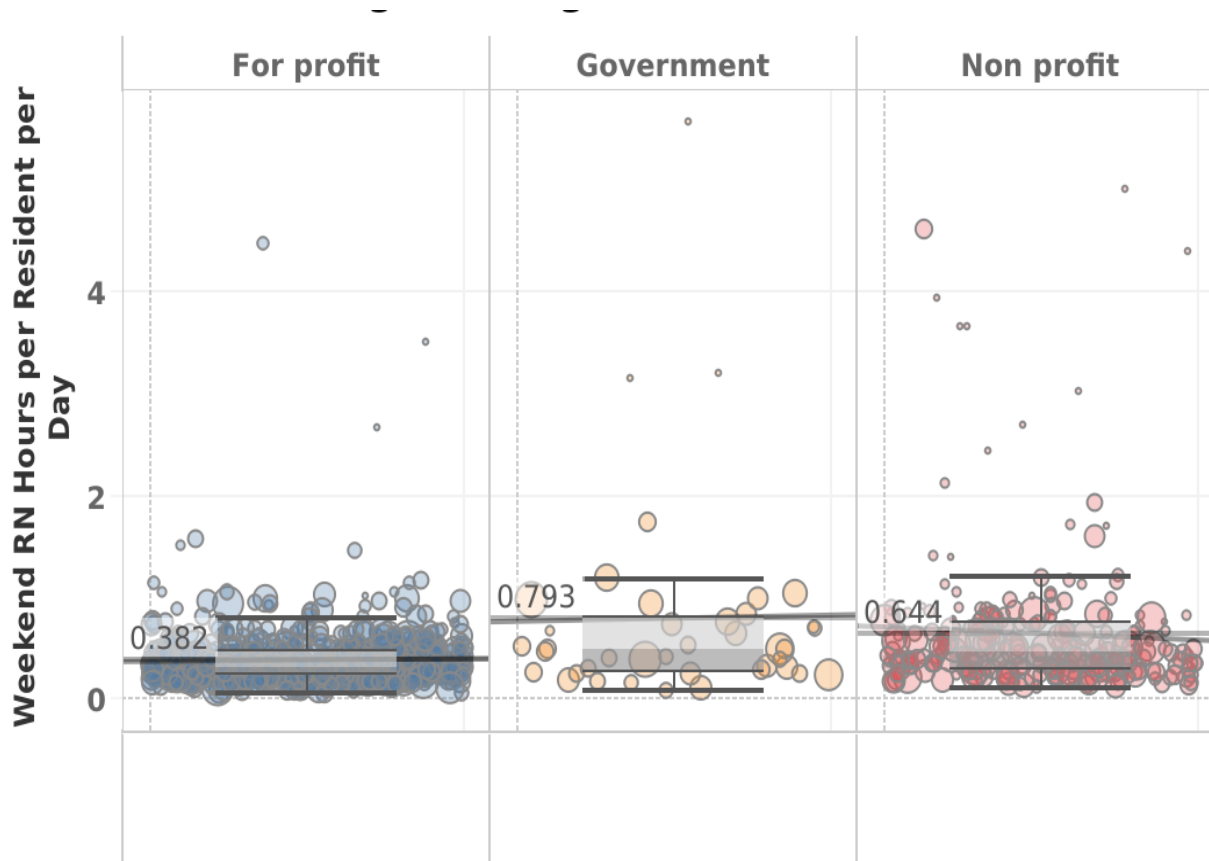
+ Total Nurse Weekend Staffing: Does Ownership Matter?



YES!

For-profit nursing homes have 25% less weekend staffing than government owned facilities and 20% less weekend staffing than non-profit facilities.

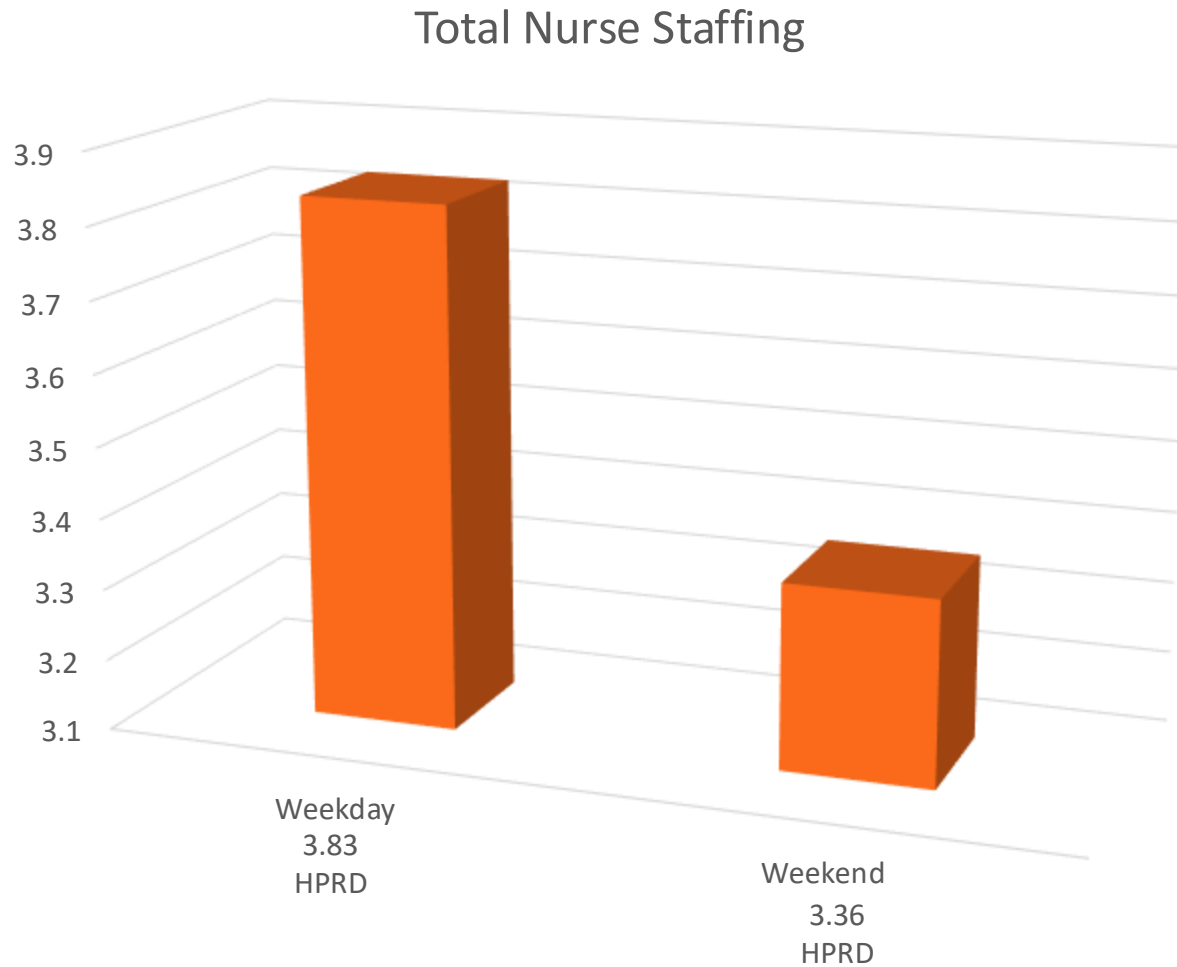
+ RN Nurse Weekend Staffing: Does Ownership Matter?



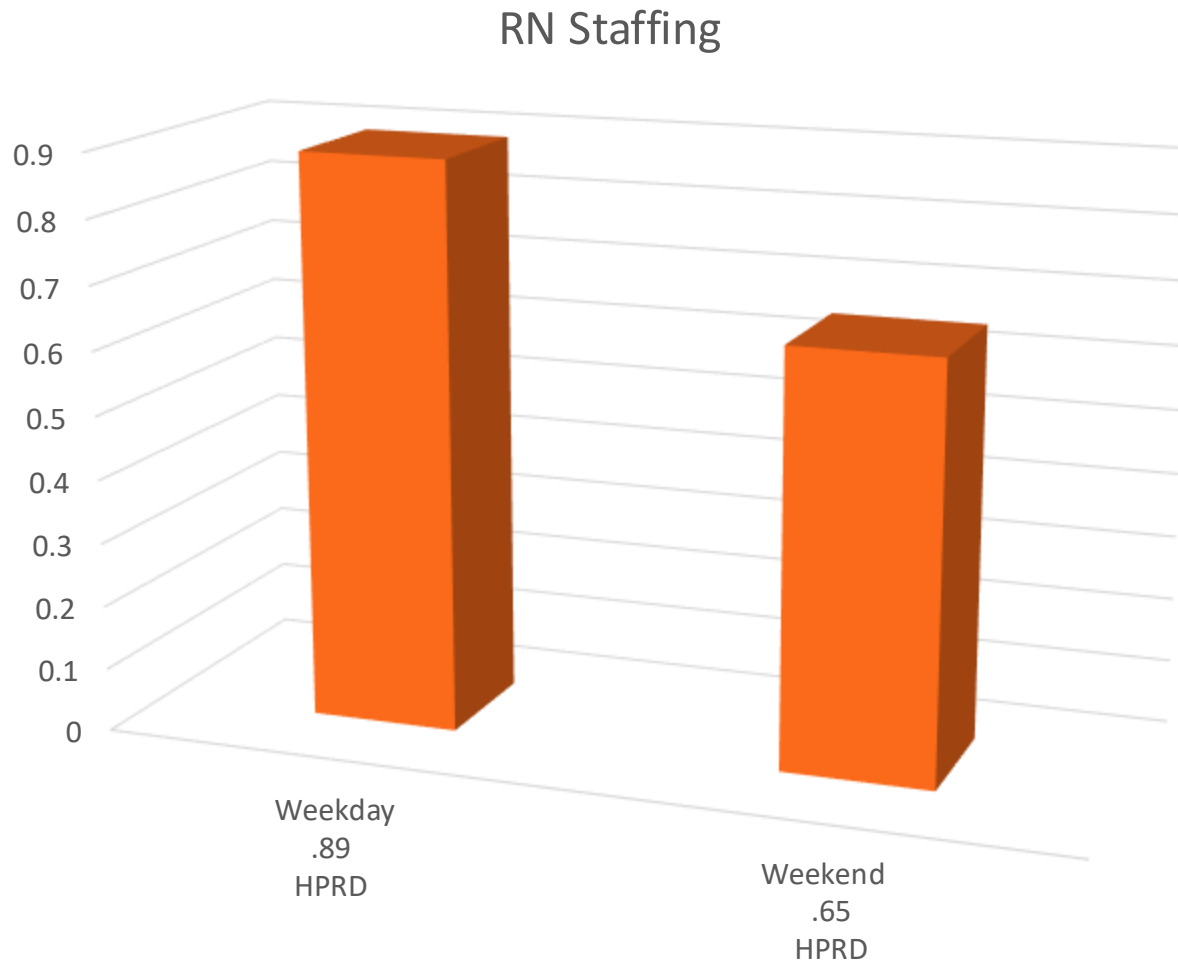
YES!

For-profit nursing homes have over 50% less weekend staffing than government owned facilities and 40% less weekend staffing than non-profit facilities.

+ Total Nurse Staffing: Hudson Valley Weekday vs Weekend



+ RN Staffing: Hudson Valley Weekday vs Weekend

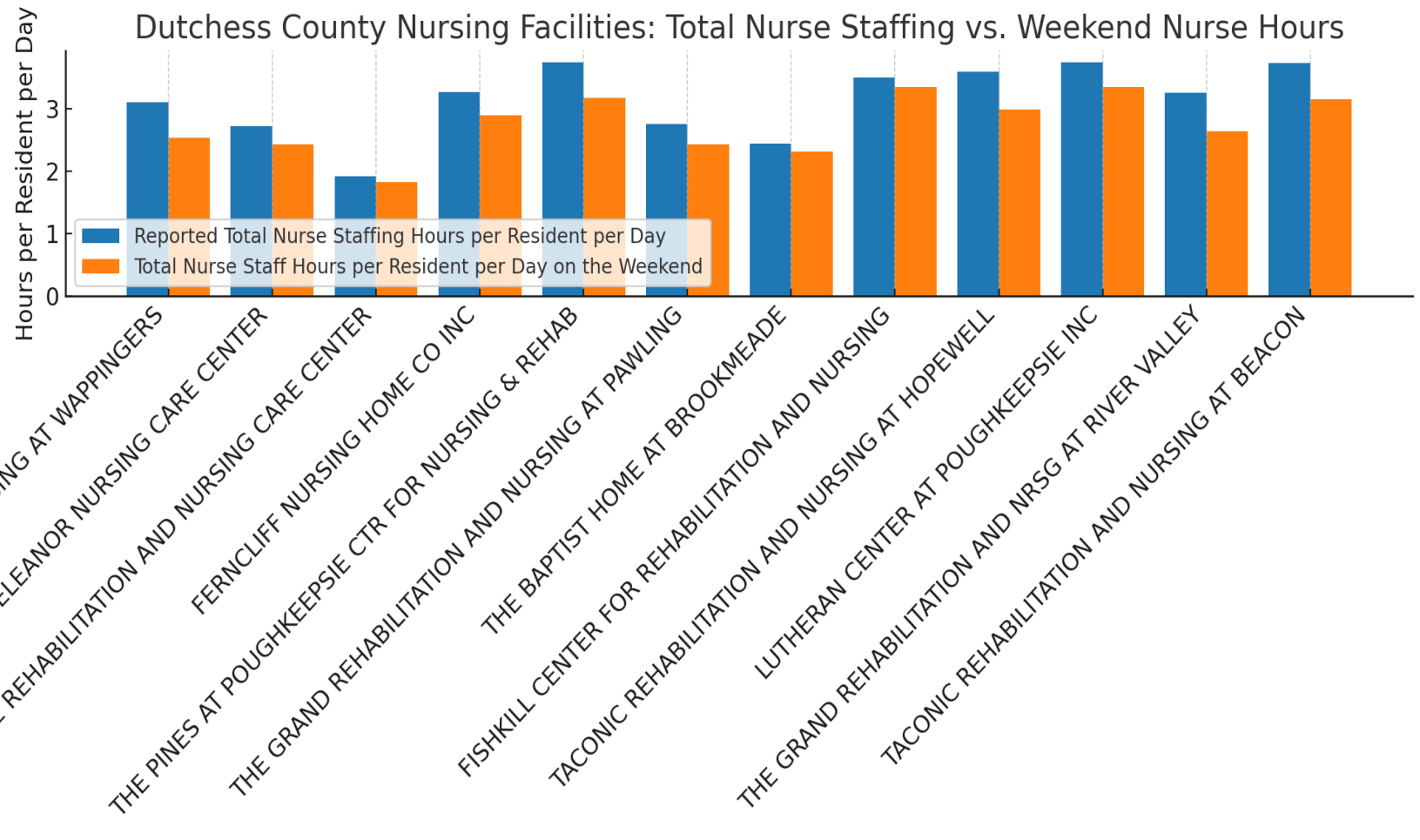


+ Keep in Mind

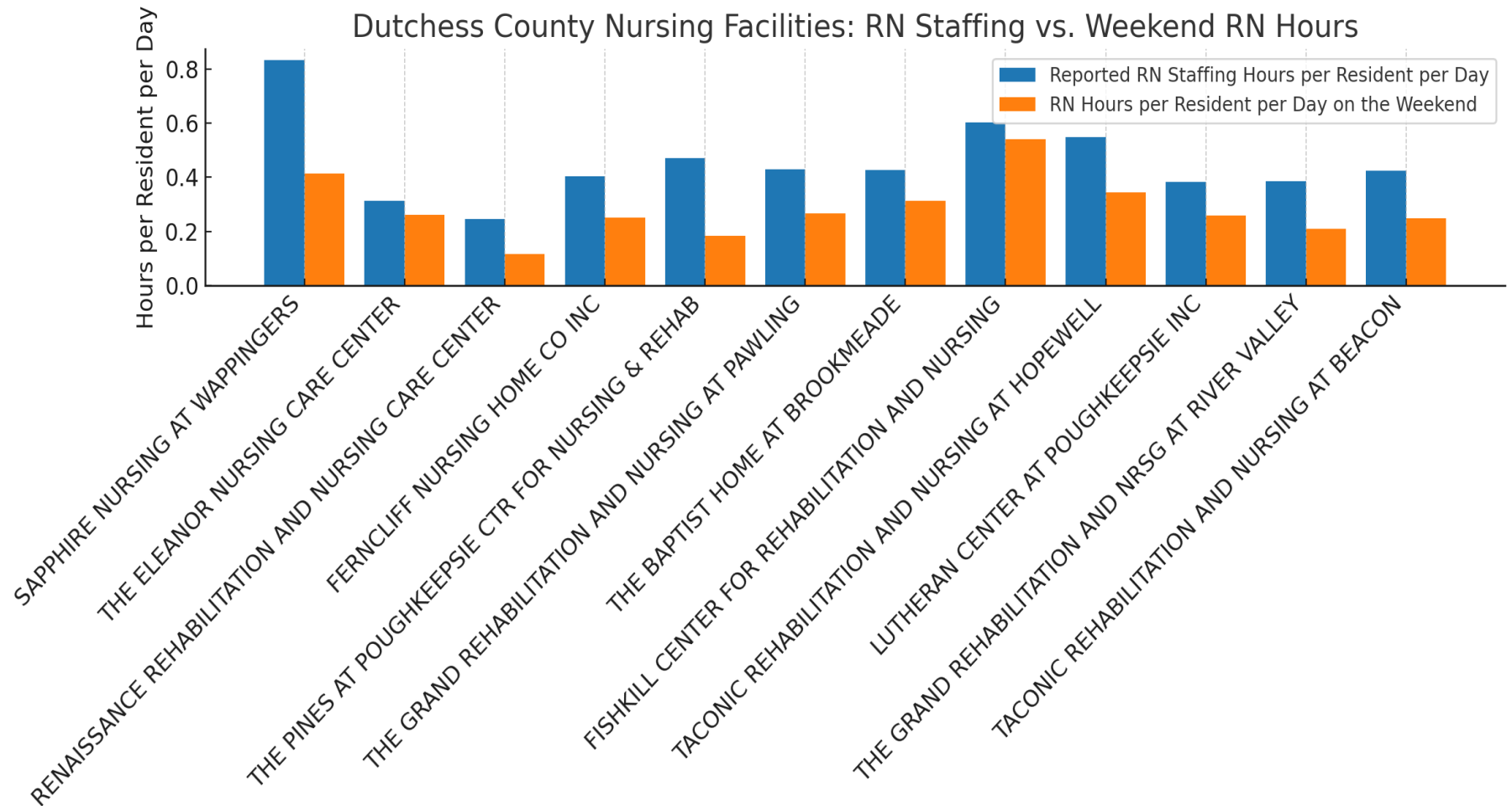
- All nursing staff play an important role.
- Numerous studies have found that RN staffing levels are particularly important when it comes to resident safety and quality of care.
- Nursing homes are required under the federal rules to have an RN in the building at least eight (8) hours every day, including weekends and holidays.
- Nursing homes are required to have a professional nurse – either RN or LPN – for the remaining 16 hours in the day.
- Irrespective of any numerical requirement, nursing homes are mandated under federal law to have sufficient numbers of nursing staff with the appropriate competencies to provide quality, safety, and dignity for all residents.



+ Using the Data to I.D. Facility & Community Level Issues: Total Nurse Staffing Levels



+ Using the Data to I.D. Facility & Community Level Issues: RN Staffing Levels



+ Using the Data to I.D. Facility & Community Level Issues

Provider Name	Provider Address	City/Town	ZIP Code	Telephone Number	Reported RN Staffing Hours per Resident per Day	Reported Licensed Staffing Hours per Resident per Day	Reported Total Nurse Staffing Hours per Resident per Day	Total number of nurse staff hours per resident per day on the weekend	Registered Nurse hours per resident per day on the weekend
SAPPHIRE NURSING AT WAPPINGERS	37 MESIER AVENUE	WAPPINGERS	12590	8452973793	0.84	1.49	3.11	2.53	0.42
THE ELEANOR NURSING CARE CENTER	419 NORTH QUAKER LANE	HYDE PARK	12538	8452299177	0.31	0.97	2.72	2.43	0.26
RENAISSANCE REHABILITATION AND NURSING CARE CENTER	4875 ALBANY POST ROAD	STAATSBURG	12580	8458894900	0.25	0.84	1.92	1.82	0.12
PERNCLEFF NURSING HOME CO INC	21 PERNCLEFF DRIVE	RHINEBECK	12572	8458762011	0.40	1.17	1.27	2.90	0.25
THE PINES AT Poughkeepsie CTR FOR NURSING & REHAB	100 FRANKLIN STREET	POUGHKEEPSIE	12601	8454544100	0.47	1.58	1.75	3.18	0.18
THE GRAND REHABILITATION AND NURSING AT PAWLING	9 RESERVOIR ROAD	PAWLING	12564	8458555700	0.43	1.47	2.76	2.43	0.27
THE BAPTIST HOME AT BROOKMEADE	46 BROOKMEADE DRIVE	RHINEBECK	12572	8458762071	0.43	1.01	2.44	2.31	0.31
FISHKILL CENTER FOR REHABILITATION AND NURSING	22 ROBERT H. KASIN WAY	BEACON	12508	8458318704	0.60	1.68	1.50	3.35	0.54
TACONIC REHABILITATION AND NURSING AT HOPEWELL	3 SUMMIT COURT	FISHKILL	12534	8458861500	0.35	1.58	1.59	2.99	0.35
LUTHERAN CENTER AT Poughkeepsie INC	985 DUTCHESS TURNPIKE	POUGHKEEPSIE	12603	8454882484	0.18	1.59	1.75	1.38	0.28
THE GRAND REHABILITATION AND NRSG AT RIVER VALLEY	140 MAIN STREET	POUGHKEEPSIE	12601	8454547600	0.39	1.29	3.26	2.64	0.21
TACONIC REHABILITATION AND NURSING AT BEACON	10 HASTINGS DRIVE	BEACON	12508	8454401600	0.42	1.56	3.74	3.15	0.25

+ Provider Data

LTCCC's Provider Data sets include the weekend staffing information that we've been talking about as well as a host of other information, including:

- Name
- Number
- Ownership type
- Affiliated entity name (if any)
- Abuse icon
- Special Focus Facility
- Most recent inspection more than two years
- Provider changed ownership in last year
- CMS ratings
- Ratings over last three cycles
- Citations & fines
- Substantiated complaints

<https://nursinghome411.org/data/ratings-info/>

<https://nursinghome411.org/states/ny/hudsonvalley/>



Thank You For Joining Us Today!

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Next Program: October 9 at 11am

Agenda:

1. Hudson Valley Data Update

2. Resident Rights: Filing a Complaint: Who? What? Where? How?

Email info@ltccc.org...

If you would like to suggest a topic for a future program.

Join our list-serve community, open only to residents, families, LTC Ombudsmen and advocates in NY State.

You can also...

Visit us on the **Web** at www.nursinghome411.org.

Join us on **Facebook** at www.facebook.com/ltccc.

Follow us on **Twitter** at www.twitter.com/LTCconsumer.

Follow us on **Instagram** at www.instagram.com/ltccoalition/

Thank you to the Dyson Foundation & Field Hall Foundation for supporting these programs!