# Hudson Valley Nursing Home Update

Your Voice Matters in Hudson Valley Nursing Homes!

### Did You Know?

More than 12,000 people live in nursing homes across the Hudson Valley and they deserve safe, dignified, and respectful care. But all too often, residents and families face serious challenges: short staffing, poor care, and weak enforcement of critical protections.

That's why the Long Term Care Community Coalition invites you to our next Hudson Valley Nursing Home Update—a free bi-monthly program that provides tools, data, and expert insight for families, advocates, and local stakeholders.

Whether you're a caregiver, advocate, long-term care ombudsman, legislator, or just someone who cares, your participation makes a difference!

### What You'll Gain:

- Learn how to spot and report neglect or unsafe conditions
- Get the latest data on Hudson Valley nursing homes
- Hear from a leading elder justice attorney on how to hold facilities accountable
- Free fact sheets and tools to support your advocacy

#### **Provider Name**

THE EMERALD PEEK REHABILITATION AND NURSING CENTER BRIARCLIFF MANOR CENTER FOR REHAB AND NURSING CARE NORTHERN MANOR GERIATRIC CENTER INC YORKTOWN REHABILITATION & NURSING CENTER HUDSON HILL CENTER FOR REHABILITATION & NURSING THE WILLOWS AT RAMAPO REHAB AND NURSING CENTER CEDAR MANOR NURSING & REHABILITATION CENTER NEW PALTZ CENTER FOR REHABILITATION AND NURSING WHITE PLAINS CENTER FOR NURSING CARE, LLC PUTNAM NURSING & REHABILITATION CENTER THE VALLEY VIEW CENTER FOR NURSING CARE AND REHAB

Find staffing, rating, and other quality information at <u>www.nursinghome411.org/hudsonvalley</u>

## Upcoming Program:



August 14, 2025 11am-12pm ET

Register: bit.ly/ltccc-hudson-valley



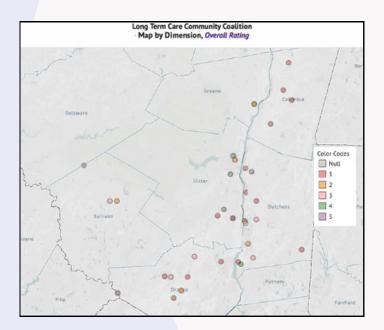
Featuring Special Guest: Deb Truhowsky

Join us for a discussion on nursing home abuse and neglect, how to recognize it, what your legal rights are, and what steps you can take to protect your loved ones.

# HIGHLIGHTS FROM RECENT UPDATES

Previous programs and resources are available at <u>www.nursinghome411.org/hudson-valley-programs</u>



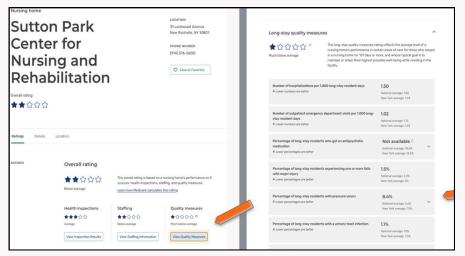


### **FEBRUARY 2025**

We explored how Hudson Valley nursing homes compare on nurse staffing - and why staffing matters. For example, 5-star facilities had 64% more nursing staff than 1-star homes. We also discussed how forprofit homes tend to staff significantly lower than non-profits or government-run facilities.

### **APRIL 2025**

We examined pressure ulcer (bed sore) prevention, which is a key indicator of care quality. While some wounds are unavoidable, most can be prevented with proper staffing, nutrition, and attention. We shared how to use public data to check your facility's pressure ulcer rates.



Facility information posted on Medicare.gov April 2025

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Inappropriate Transfer or Discharge of Nursing Home Residents			
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Inappropriate Transfer or Discharge of Nursing Home Residents			
The inapopoptise transfer or discharge of nursing home residents has been a longtune concern for residents, their families, and policynamics. For to other, resident are push of their nursing home – which is their home – for inapopoptiset and Illegal reasons. Th have a devastating impact on the resident and their family. To address this problem, the Centers for Medicare & Medicaid Services (XHS) has device storeg protections to ensure that resident are not inapopoptiately discharged and that, feed with a facility-initiated discharge, they have a right to 50 days nocioe (nexce) in emergency situational, access to assistance from the UC Combudinam Rofegana, and the ability to appeal the discharge. See our Fact Sheet. Nursing Home Thanfer & Discharge Rights for a useful summary of the feeduri loka and practical information for residences.	ar too often, residents are pushed out	LTCCC FACT SHEET: NURSING HOME TRANSFER & DISCHARGE RIGHTS I	
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	propriately discharged and that, when it to 30 days' notice (except in	LTCCC FACT SHEET: TRANSFER & DISCHARGE RIGHTS III - INFO FOR LTC OMBUDSMEN	
	ing Home Transfer & Discharge	FEDERAL GUIDANCE: TRANSFER & DISCHARGE	
families, and those who work with them.	ALLER HEREITER ALL ALLER AL	APRIL 4, 2024 ALERT: NEW FEDERAL REPORTS BASE ALARMS ADOUT FUNDAMENTIAL NURSING HOME RESIDENT RIGHTS	

#### **JUNE 2025**

We broke down when and how nursing homes are allowed to discharge or transfer residents. We discussed troubling cases of "resident dumping" and explained how to appeal and fight back. We also shared key resources, including our resident rights fact sheets and more.