Impacting Inclusion for LGBTQ+ People: The Long-Term Care Equality Index







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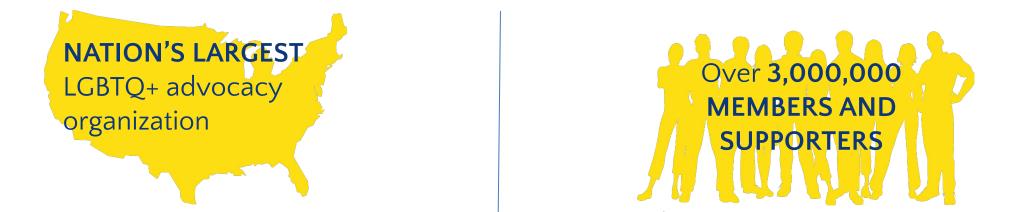


Gerontologist Adjunct Professor/ Former Researcher Chicano (Nahua) Future LGBTQ+ Elder





About the Human Rights Campaign Foundation



Since 1984 & 10 national programs









thehrcfoundation.org

Objectives

- Understand who LGBTQ+ older adults are, their unique aging considerations, and why there is a need for LGBTQ+ inclusive care environments
- Understand key policies and practices that senior care organizations can adopt to reduce the disparities and discrimination faced by LGBTQ+ older adults
- Describe resources and tools, such as the Long-Term Care Equality Index to assess a senior housing community's policies and practices for LGBTQ+ inclusion

LGBTQ+ & Aging

Currently Est. 2.7 Million

2030 ~7 million

20% Black, Indigenous, and People of Color

Invisible Generation Born 1920-1934 Silent Generation Born 1935-1949 Pride Generation Born 1950-1964

LGBTQ+ Older People Need Support

Less likely to be partnered

Less likely to have children

More likely to develop chronic health conditions

Less likely to seek care





...of LGBTQ older people are concerned about verbal or physical harassment in long-term care communities



...of LGBTQ older people want long-term care providers who are trained in LGBTQ-sensitive

care



The Long-Term Care Equality Index

A Tool for Inclusion



LONG-TERM CARE EQUALITY INDEX



Our Sponsors:



The LEI: Improving Care and Belongingness

- Biennial online survey opens July 2024 Nov 2024
 40 best practices
- LTC communities & senior housing communities
- Tools and resources are free e.g. webinars, TA
- Searchable database for consumers (May 2025)
- Participants will be nationally recognized
 - Can achieve Tiers of Recognition

2023

^{erm} Care Equ

2025 LEI Survey Criteria

	ſ		LEI 2025 Criteria and Tiers of Recognition The Long-Term Care Equality Index has four core objectives: Ensure foundational non-discrimination protections for residents, visitors, and staff and pr LGBTQ+ Resident Centered Care Demonstrate progress towards inclusion of LGBTQ+ resident services and support Foster an inclusive workplace by providing LGBTQ+ inclusive employee policies and benefit	
		Criteria 2 – Resident Serv Three subsections compr Gender-Affirming Service	Demonstrate engagement with and a public commitment to the LGBTQ+ community Criteria 1 – Non-Discrimination and Staff Training	4 Best Practices
Г		There are 15 scored ques Tier 2 status and 7 or mo	This criteria encompasses foundational policy implementation and training completion requirements. <u>All questions in this criteria section must be met in order to attain any tier of</u>	Flactices
Criteria 4 – Resid	Criteria 3 – Empl Two subsections Employees. There are 12 sco Tier 2 status. Par healthcare plan (Equal Benefits Healthca	LGBTQ+ Resident Service Community uses orientation, and Community's for or significant oth Community's Ne "gender identity" Community com	Resident Non-Discrimination a. LGBTQ+ Inclusive Resident Non-Discrimination Policy Policy must include the terms "sexual orientation" and "gender identity" (or "gender identity and expression") Resident Non-Discrimination policy is communicated to residents, the public, and staff Policy is shared in two ways with the residents and the public, typically online and in-print Policy is shared with staff in at least one way	
Two subsections LGBTQ+ Commun and promotion to affirming commu There are 7 score practices for Tier more of these be	 FMLA-eq medical I regardles LGBTQ+ i partners status an discrimin marital s 	protects LGBTQ+ Community has a residents, and in: Community's con Community has a Community has a Community com Community has a	Equal Visitation a. Equal Visitation Policy • Policy must allow the resident's visitor of their choice b. Equal Visitation Policy is communicated to residents, visitors, and staff • Policy is shared in two ways with residents and the public, typically online and in-print • Policy is shared with staff and volunteers in at least one way	Tier 1,2, & 3 All Practices in place
Understanding th Resid demo Resid Comi asses Comi	Bereaver partner's Commu explicitly gender ti baseline	Community has a Gender-Affirming Service Community has a at eliminating bia with transgender Community prov have clearly post	Employment Non-Discrimination a. LGBTQ+ Inclusive Employment Non-Discrimination Policy • Policy must include the terms "sexual orientation" and "gender identity" or "gender identity and expression" b. Employment Non-Discrimination Policy is shared with the public • Policy is shared with the public in at least one way, typically online	
LGBTQ+ Commun Comi comi Comi Comi state	Commun terns "ss Commun supporti Anonym Identify a Anonym LGBTQ+ c Commun Commun	that aligns with the Medical Decision Making Community expli- choice, including Staff training is program LGBTQ-specific in Community make	Staff Training a. Training in LGBTQ+ Resident Centered Care • For new communities or those that have not previously met the training requirement: 	
	empioyee	diversity specifically includes LGBTQ+	Note: Current SAGECare Platinum Communities do not need to complete the Executive Briefing and will receive credit for meeting the staff training requirement. 11.10.23	

Collection of Sexual Orientation and Gender Identity Data

LGBTQ+ Inclusive Hiring Efforts

Inclusive Intake Forms (name, pronouns, SOGI)

Transgender Rooming Policy

LGBTQ+ Inclusive Marketing

Commemorate an LGBTQ+ Day of Significance

15

Domestic Partner Health Insurance Benefits Gender Neutral Restrooms

Who can Participate?

Residential Senior Living Communities Including:

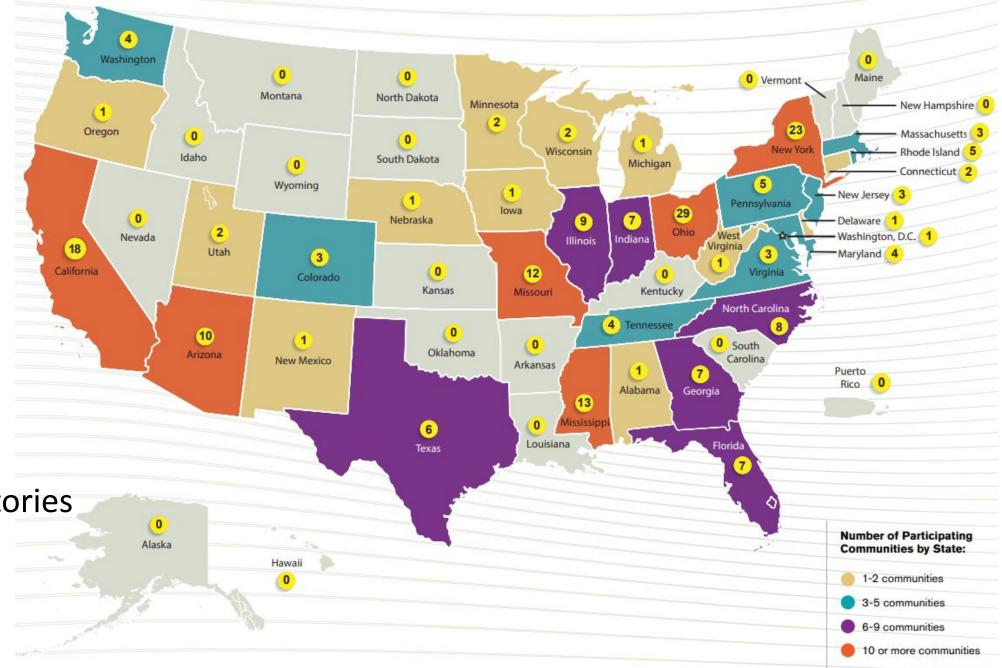
- Life Plan Communities
- Skilled Nursing Communities
- Assisted Living Communities
- Independent Living Communities
- Active Adult Communities
- Affordable Senior Housing
- Free-Standing Hospice Communities





200 Communities

34 States and Territories









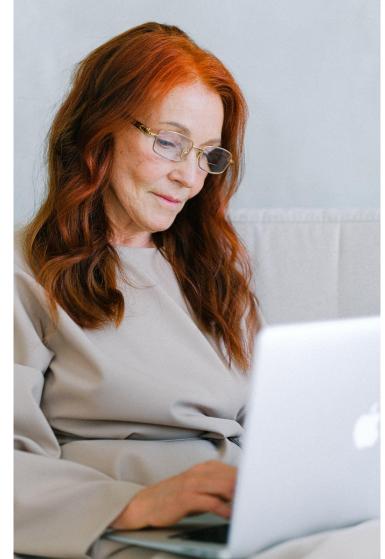




Inclusion in Culture, Policy, and Programming.







Supporting the Search for Inclusive Care

- Does the organization have an inclusive non-discrimination policy on their website or marketing materials?
 - "sexual orientation" & "gender identity"
- Does the organizations have LGBTQ+ inclusive marketing or imagery?
- Has the organization engaged in cultural competence training? Are they taking on any inclusion efforts?
 Participant in the LEI? SAGECare?
- Information and Referral from local LGBTQ+ Organizations (www.lgbtqcenters.org/)

Consumer Guide for Older Adults



- For those looking for affirming residential long-term care/senior housing
- Screening questions & things to look for when touring
- English & Spanish

https://thelei.org/consumer-guide

Resources for Information & Tools



HOME LIBRARY STATE RESOURCES EDUCATION HOTLINE ABOUT US

Welcome To The National Resource Center On LGBTQ+ Aging

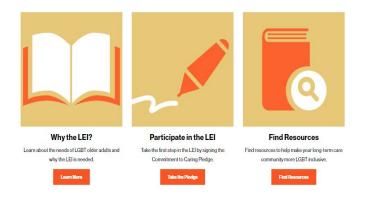
The National Resource Center on LGBTQ+ Aging is the country's first and only technical assistance resource center focused on improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults, their families and caregivers.



https://www.lgbtagingcenter.org/



Why the LEI?





Resources for LGBTQ+ Older Adults



Older? LGBT? Need someone to talk to?

The SAGE Hotline is open 24/7 in English & Spanish: 877-360-LGBT

> Sage Advocacy & Services for LGBT Elders We refuse to be invisible

sageusa.org/sageconnect/

"It was important to me to find a community that not only welcomed me, but was also close to my family, friends and parish. I have lived here a year and management knows of my trans heritage and accepts me. To my neighbors and management, I am simply known as Robyn—who likes to bake cookies and go to church on Sundays. Access to both independent and assisted living communities is paramount for aging LGBT people. I am thankful for the supportive community I now call home."

Robyn Carolyn Montague, Retired Aerospace Engineer, Missouri





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www.TheLEI.org



National Resource Center on LGBT Aging

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