

Welcome to your new home! In order to meet your needs we would like you to take some time and fill out this questionnaire to learn which foods you like and dislike. Please circle your preferences below.

Dairy:

Skim Milk	2% Milk	Chocolate Milk	Lactaid
Plain Low-Fat Yogurt	Fruited Low-Fat Yogurt	Cottage Cheese	Soy Milk
Swiss Cheese	Cheddar Cheese	American Cheese	Grated Cheese

Protein:

Beef	Chicken	Turkey	Fish
Pork	Ham	Bacon	Sausage
Eggs	Tuna Fish	Peanut Butter	Shrimp

Are you a vegetarian? Yes No
Do you have any religious or cultural preferences? _____
If so, what foods do you include in your diet? _____

Starch:

Bagel	Pancakes	Waffles	French Toast
Potatoes	Sweet Potatoes	White Bread	Rye Bread
Wheat Bread	Corn	Rice	Pasta
Cereal (hot/cold)	French Fries	Peas	

Fruits/Vegetables:

Do you prefer fresh fruit or canned fruit? _____
What fruit juices do you prefer? _____
Do you prefer steamed or raw vegetables? _____
Any dislikes? _____

Condiments/Dressings/Beverages:

Butter/Margarine	Cream Cheese	Jelly	Vinegar
Spaghetti Sauce	Sour Cream	Sugar/Sugar Sub	Creamer
Tea (Reg/Decaf)	Coffee (Reg/Decaf)	Syrup	

Food Allergies/Intolerances: _____