

Finding & Using Information On-Line on Nursing Home Quality, Staffing & Inspection Results

Presented by Richard Mollot, Long Term Care Community Coalition www.nursinghome411.org

This program is made possibly by the generous support of NY State Health Foundation.

+ What is the Long Term Care Community Coalition?

- LTCCC: Nonprofit organization dedicated to improving care & quality of life for the elderly & adult disabled in long term care (LTC).
- Our focus: People who live in nursing homes & assisted living.

■ What we do:

- Policy analysis and systems advocacy in NYS & nationally;
- Education of consumers and families, LTC Ombudsmen and other stakeholders.
- Coalition members include several LTC Ombudsman Programs, the Center for Independence of the Disabled, AARP NY, several Alzheimer's Association Chapters, other senior and disabled organizations. Also individuals, including ombudsmen, who join in our mission to protect residents.
- Richard Mollot: Joined LTCCC in 2002. Executive director since 2005

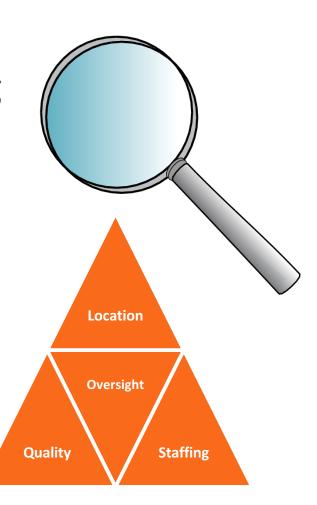


- + What Will We Be Talking About TODAY?
 - Looking up nursing homes on Nursing Home Compare.
 - Understanding the 5-Star rating system for nursing homes.
 - Tips on what to look for when evaluating a facility on-line.
 - Changes underway to (hopefully) improve Nursing Home Compare.
 - Using the information on LTCCC's website to learn more about your nursing home, or those in your community.

+ NH Compare & the 5 Star Rating System: www.medicare.gov/nursinghomecompare

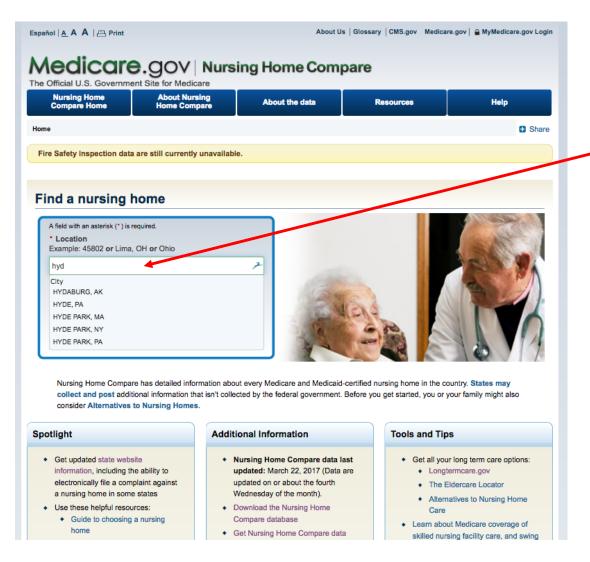
Background

- Nursing Home Compare provides information on every licensed nursing home in the U.S.
- While it is not perfect, we consider it to be the most reliable and useful resource for information on a nursing home's quality.



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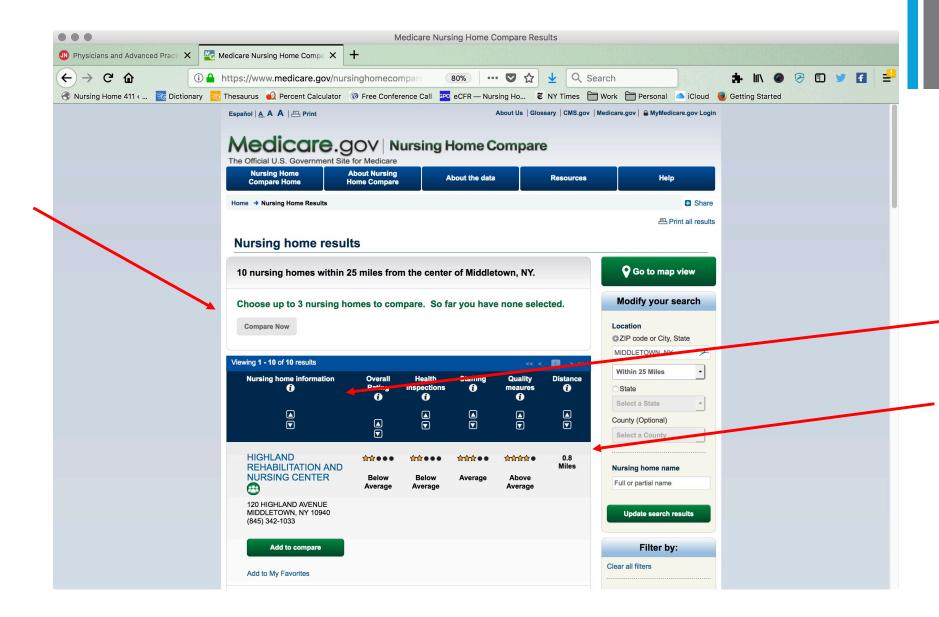
Nursing Home Compare: http://www.medicare.gov/nursinghomecompare/



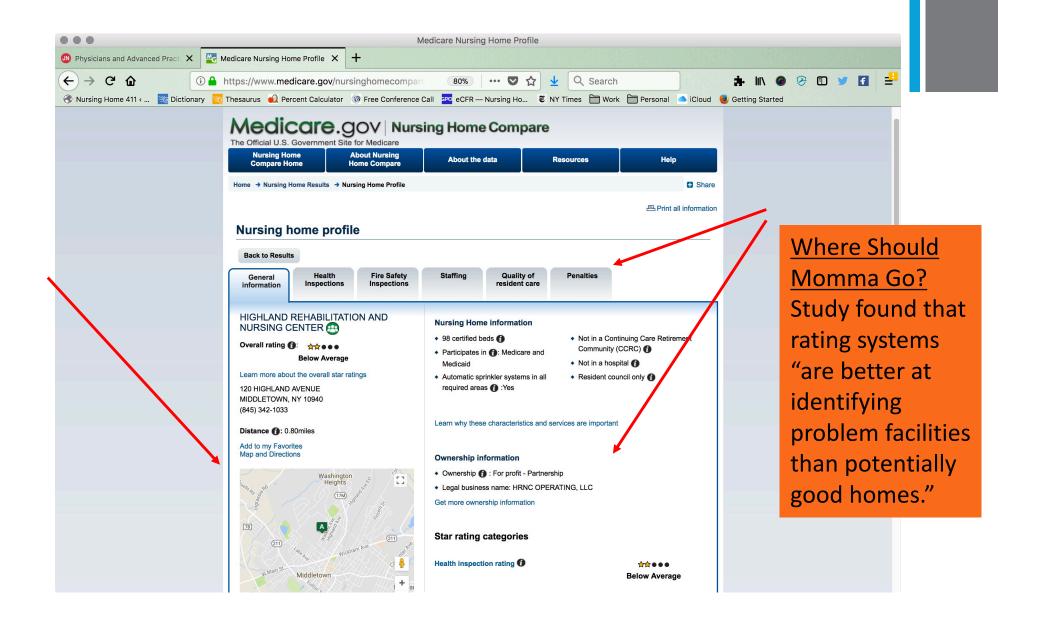
Search by...

- State name
- Nearest town or city
- Zip Code

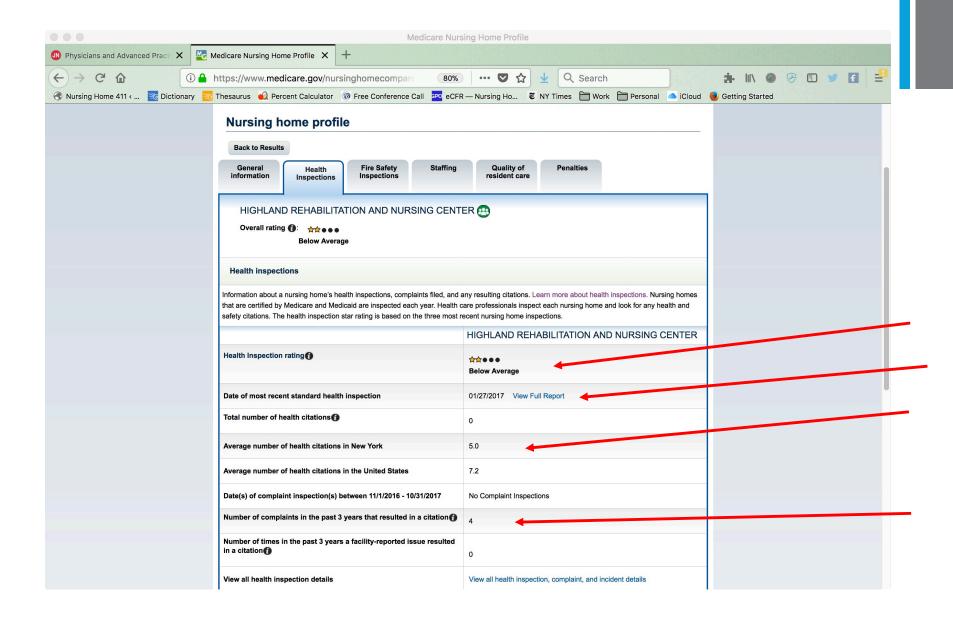
+ NH Compare & the 5 Star Rating System



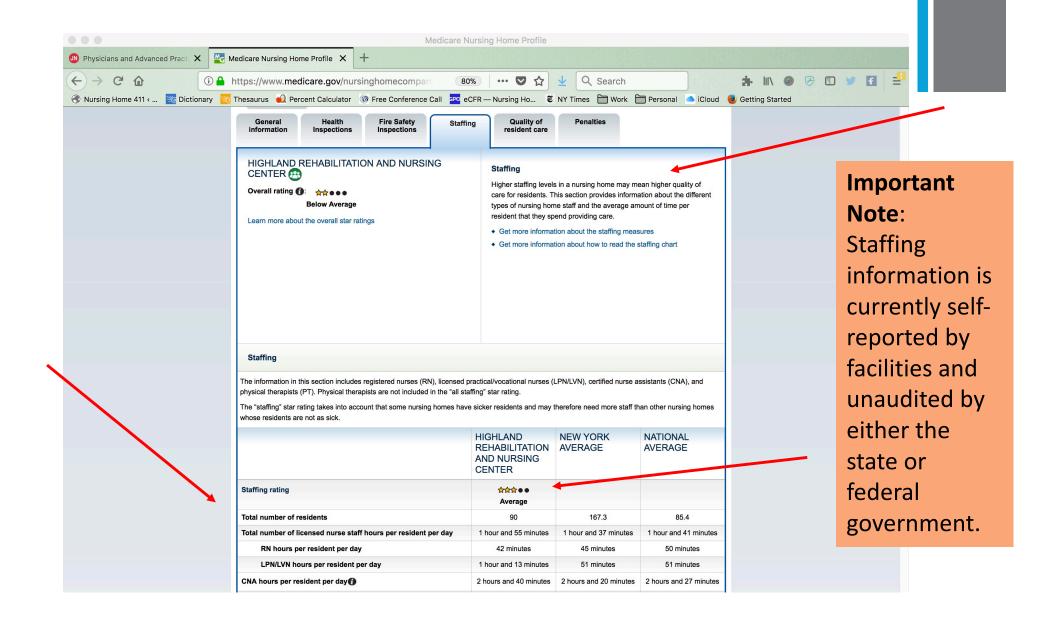
+ NH Compare Profile: Highland Rehab. and Nursing Center



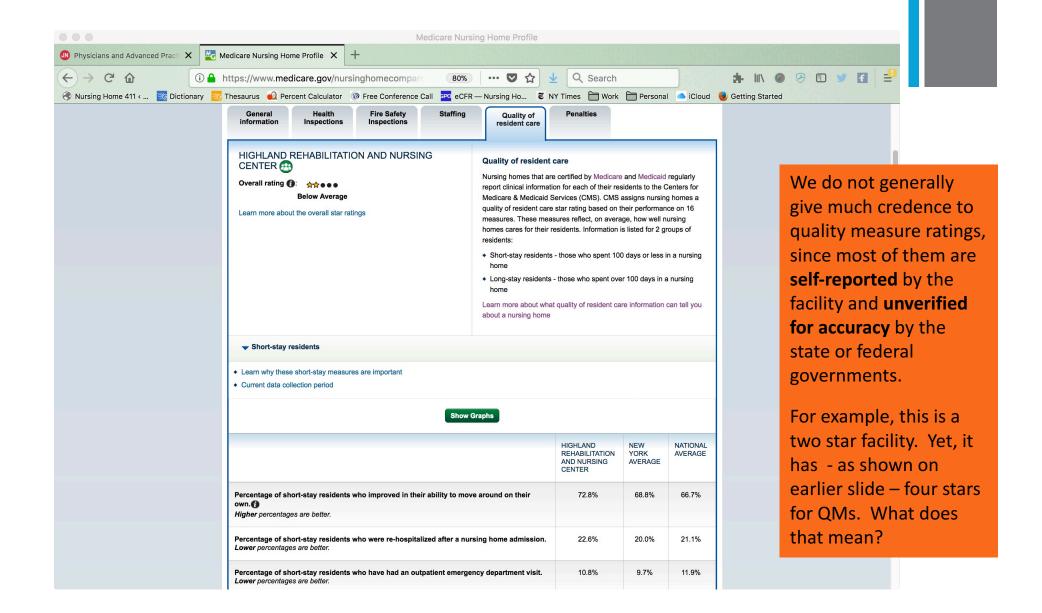
+ NH Compare Inspections: Highland Rehab.



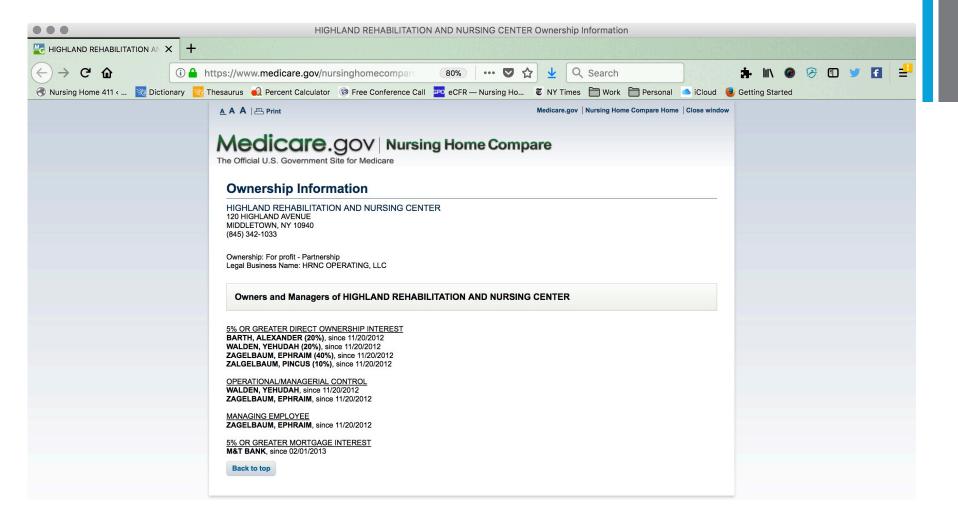
+ NH Compare Staffing: Highland Rehab.



+ NH Compare Quality Measures: Highland Rehab.



+ NH Compare Ownership: HV Rehab.



+ NH Compare: Updates & Improvements

Quality Measures.

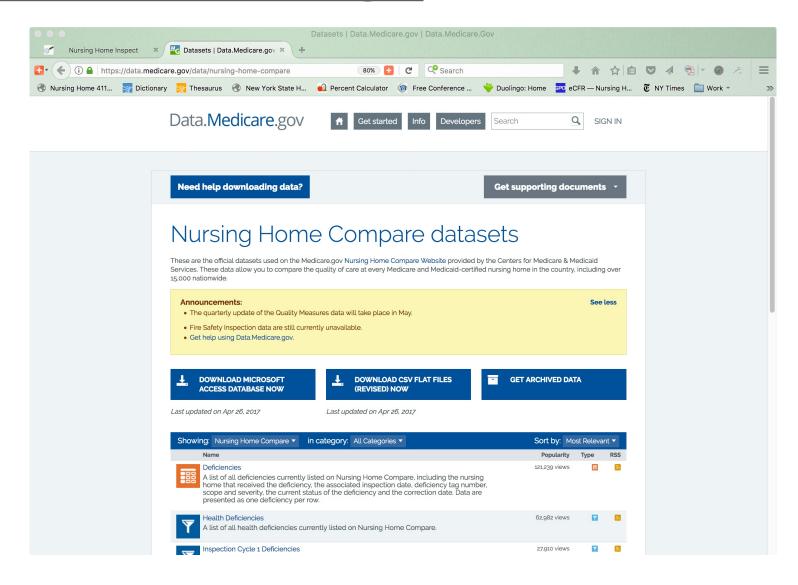
- As noted earlier, we have long been concerned about the validity of QMs. A 2014 investigation in *The New York Times* found "that even nursing homes with a history of poor care rate highly in the areas that rely on self-reported data."
- To address these concerns, CMS is now using the following in the Five-Star Quality Rating System:
 - Percentage of short-stay residents who were successfully discharged to the community;
 - Percentage of short-stay residents who have had an outpatient emergency department visit; and
 - Percentage of short-stay residents who were re-hospitalized after a nursing home admission.

Staffing.

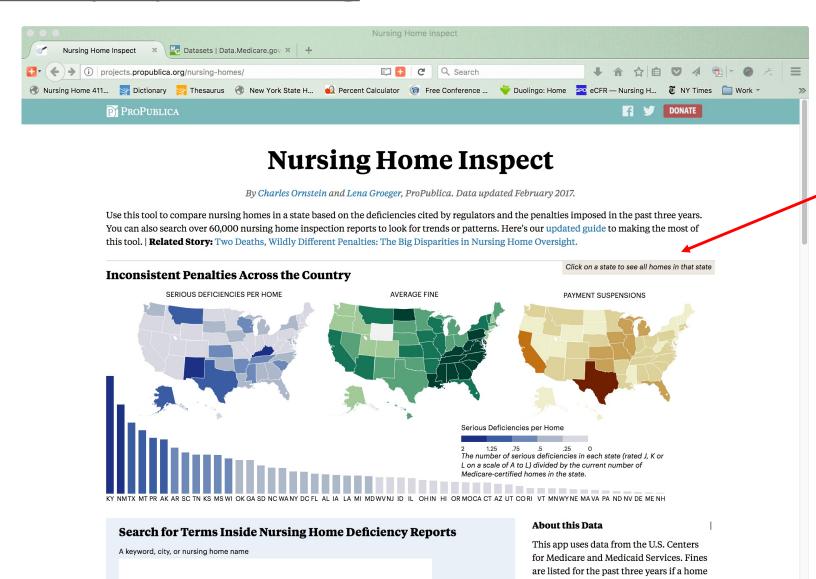
Last year, CMS began requiring nursing homes to report their staffing based on auditable, payroll-based journal (PBJ) data. These data were first made available to the public in November 2017 on a separate database. They are expected to be included in Nursing Home Compare some time in 2018.

New
ClaimsBased
Measures

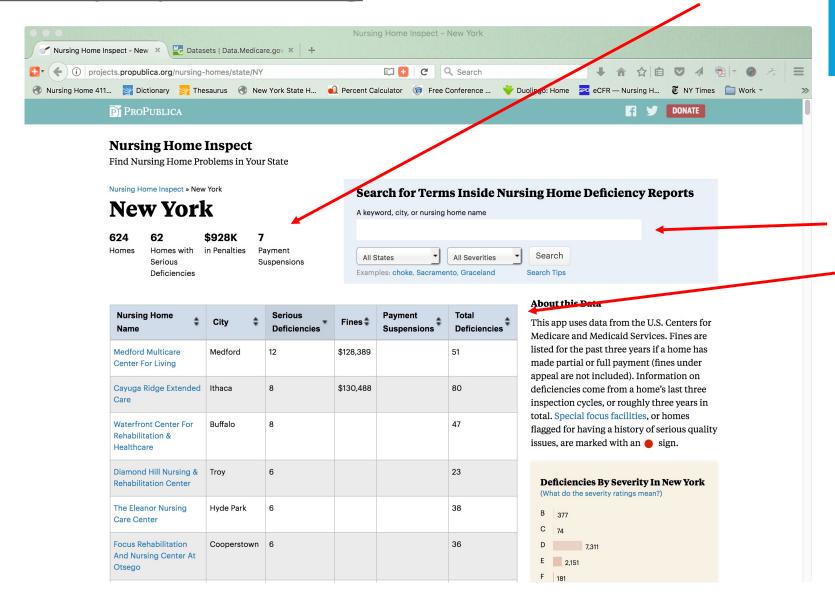
+ Digging Deeper on NH Compare & Beyond: www.data.medicare.gov

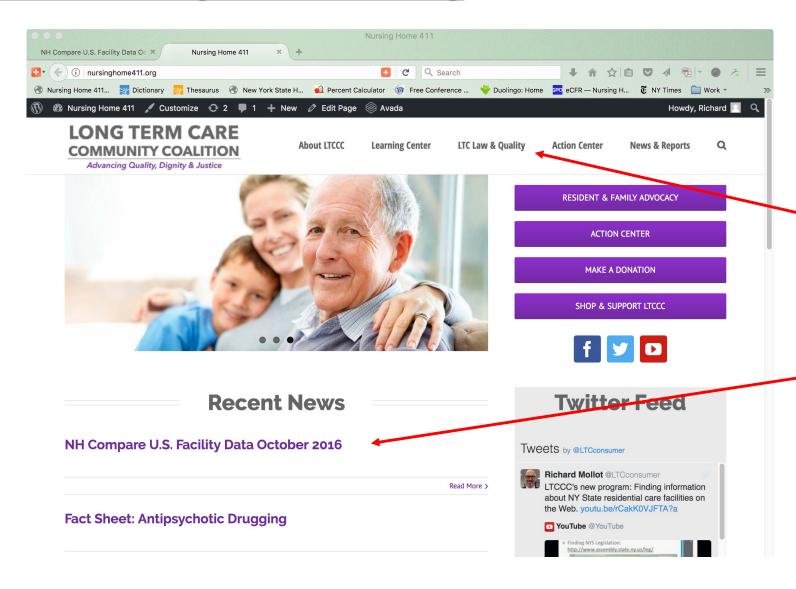


+ Digging Deeper on NH Compare & Beyond: www.propublica.org



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Advancing Quality, Dignity & Justice

Update & Issue Alert: Prevalence of Antipsychotic Drugging of Nursing Home Residents

Twenty Percent (20%) of Residents Receiving Powerful, Potentially Lethal Drugs

Contact: Richard Mollot - 212-385-0356, richard@ltccc.org

New York, NY, November 30, 2017— The inappropriate antipsychotic drugging of nursing home residents, particularly those with dementia, is a widespread, national problem. Despite the Food and Drug Administration's 'black box' warnings against using powerful and dangerous antipsychotics on elderly patients with dementia, they are frequently used to treat the so-called behavioral and psychological symptoms of dementia.

These and other psychotropic drugs are often used as a form of chemical restraint, sedating residents so that not only their behaviors but also the underlying causes for those behaviors do not have to be addressed by staff. In addition to destroying social and emotional well-being, these drugs greatly increase risks of stroke, heart attack, diabetes, Parkinsonism, and falls. They are not clinically indicated for dementia-related psychosis. They are associated with a significant increase in death when given to elderly people with dementia.

Reducing the inappropriate and dangerous drugging of nursing home residents is a focal point of LTCCC's advocacy. Today, we are announcing the release of the following new information and resources:

Issue Alert on Antipsychotic Drugs: This alert explains how and why this is a significant issue for so many nursing home residents. It includes a case study of a citation for inappropriate antipsychotic drugging.

Drugging Rates for Every Nursing Home: While the rate of antipsychotic drugging is high across the country, nursing homes vary widely in their drugging rates. Some nursing homes have taken significant strides to reduce their inappropriate drugging while other have not. Thus, we believe it is critical for the public to know about the drugging rates for their nursing homes and those in their communities. The latest rates are available on our website, http://nursinghome411.org/us-nursing-home-antipsychoticdrugging-rates-2017q3/ in an easy-to-use format. The files can be sorted to see which facilities in your state have higher - or lower - drugging rates.

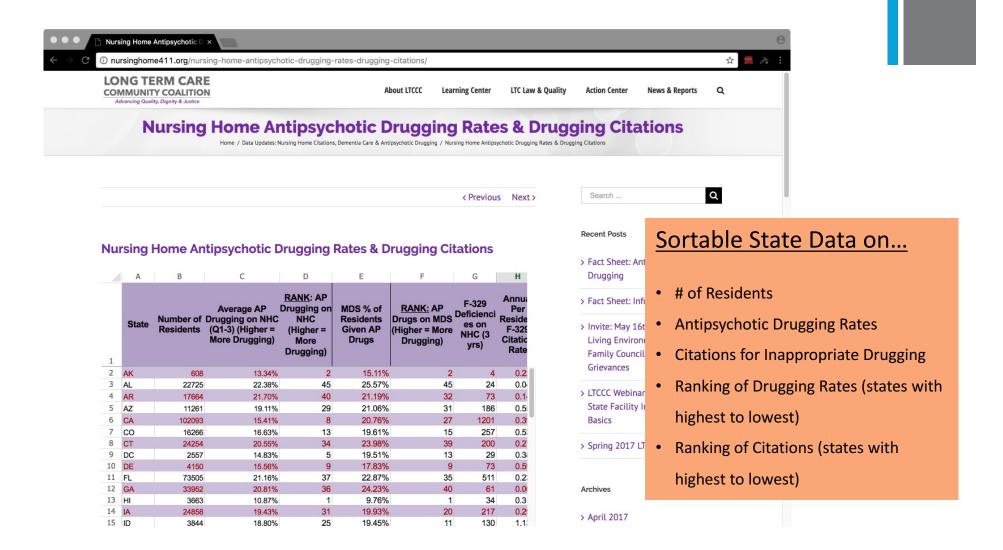
Drugging Enforcement Data: Has your nursing home been cited for inappropriate drugging? This page, http://nursinghome411.org/us-nursing-home-...ns-november-2017/, provides searchable information on citations for every state.

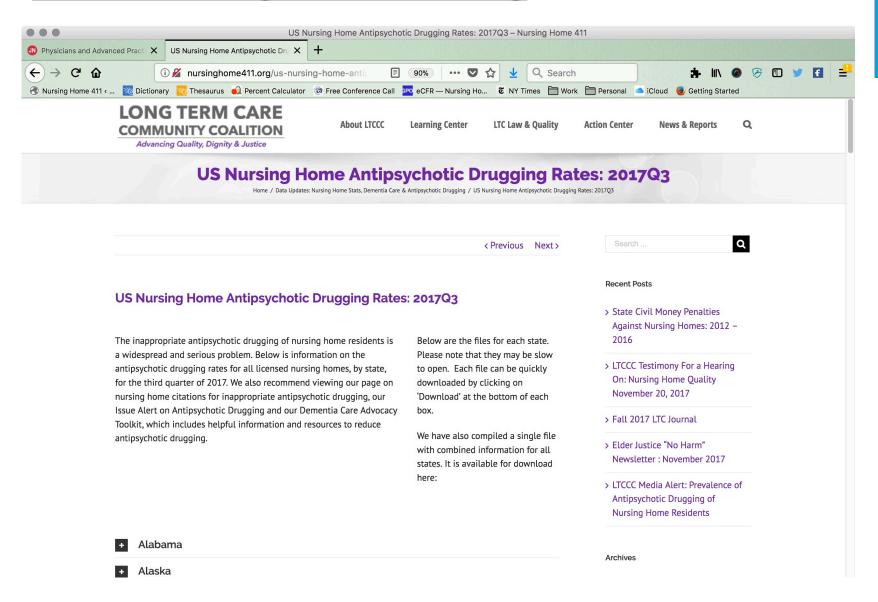
Dementia Care Advocacy Toolkit: Free resources to help families, and those who work with them, know their rights and advocate for less drugging and better care for their residents with dementia.

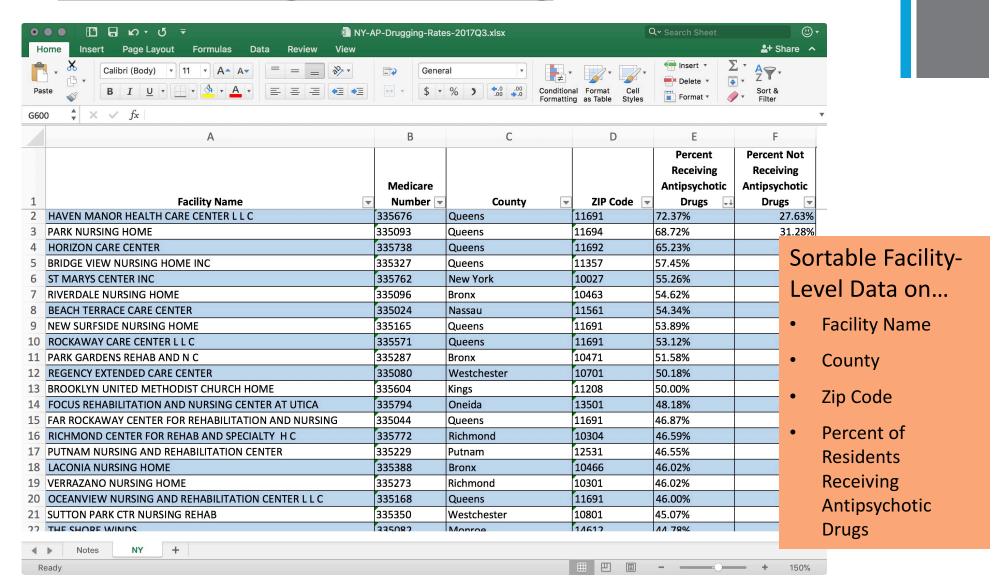
LTCCC is a non-profit organization dedicated to improving care and quality of life for residents in nursing homes and other residential care settings. Visit www.nursinghome411.org for more information about nursing home quality and compliance with minimum safety standards as well as our free resources for LTC consumers.

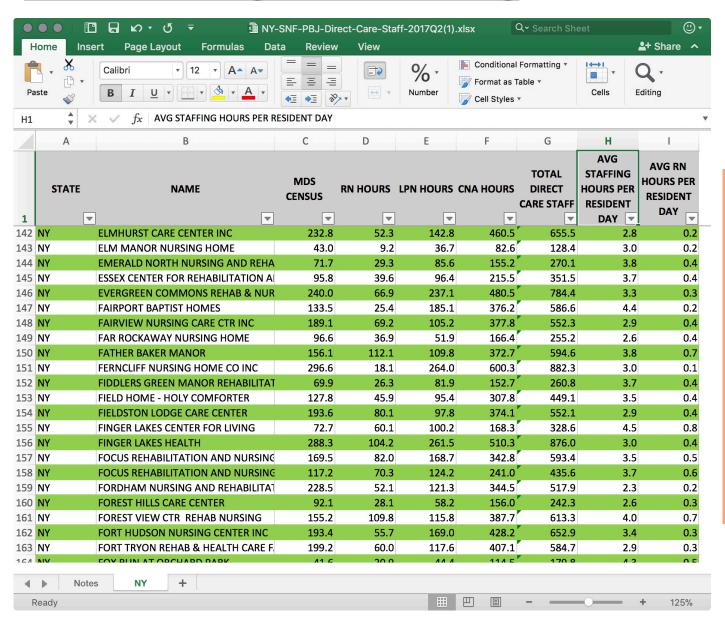




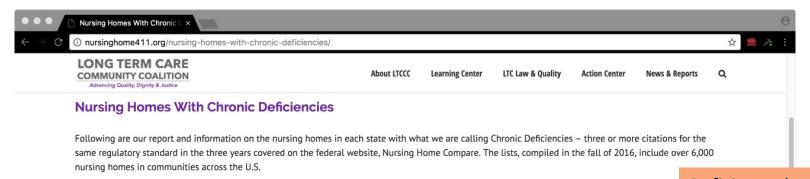








Sortable Facility-Level Data on Direct Care Staff Based on Auditable PBJ Data. (Each column represents the average for the nursing home for the 2nd quarter of 2017).



LTCCC Report: Chronic Deficiencies in Care - DOWNLOAD Press Release - DOWNLOAD

Fact Sheet for Consumer Advocacy - CLICK HERE

Composite Report of Recurring Fire and Health Deficiencies for the entire US including territories (Fall 2016) - DOWNLOAD

List of all US Nursing Homes with Chronic Fire Deficiencies (Fall 2016) - DOWNLOAD

List of all US Nursing Homes with Chronic Health Deficiencies (Fall 2016) - DOWNLOAD

Nursing Home Compare Star Ratings for US Nursing Homes with Chronic Health Deficiencies (Fall 2016) - DOWNLOAD

Nursing Home Compare Star Ratings for US Nursing Homes with Chronic Fire Deficiencies (Fall 2016) - DOWNLOAD

State Average Number of Deficiencies (With Any fines Issued as of 8-16-2016) DOWNLOAD

Following are the lists of nursing homes with chronic deficiencies for each state, with separate files for Health violations and Fire and Safety violation note that these are Microsoft Excel files which can be downloaded, searched and sorted.

Brief description of the information presented in each data file (to assist those unfamiliar with CMS terminology) DOWNLOAD

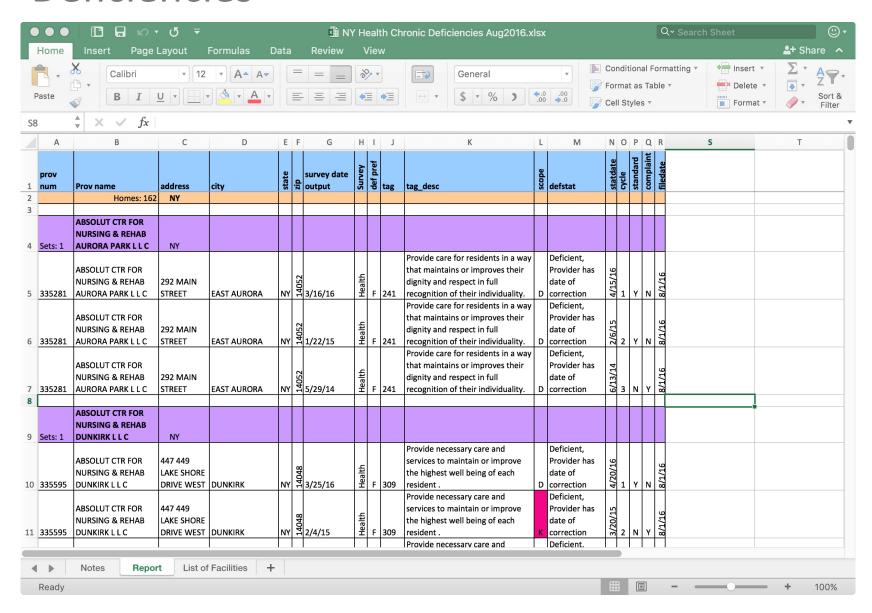
Alabama: FIRE — HEALTH Alaska: FIRE — HEALTH Arizona: FIRE - HEALTH Arkansas: FIRE - HEALTH California: FIRE - HEALTH Colorado: FIRE - HEALTH Connecticut: FIRE - HEALTH Delaware FIDE _ HEALTH

Maine: FIRE - HEALTH Maryland: FIRE - HEALTH Massachusetts: FIRE — HEALTH Michigan: FIRE - HEALTH Minnesota: FIRE - HEALTH Mississippi: FIRE — HEALTH Missouri: FIRE - HEALTH Montana: FIDE _ HEALTH

Pennsylvania: FIRE — HEALTH Puerto Rico: FIRE - HEALTH Rhode Island: FIRE - HEALTH South Carolina: FIRE - HEALTH South Dakota: FIRE - HEALTH Tennessee: FIRE - HEALTH Texas: FIRE - HEALTH Litab: FIDE _ HEALTH

Deficiency data from Nursing Home Compare filtered to pull every nursing home that has been found in violation of the same standard 3 or more times in the 3 years covered on Nursing Home Compare. Data files were compiled by Kate Ricks, Voices for Quality Care.

+ Digging Deeper on LTCCC's website: Chronic Deficiencies



+ Thank You For Joining Us Today!

Email info@ltccc.org or call 212-385-0355 if you would like to...

- Receive alerts for future programs or
- Sign up for our newsletter and alerts.

You can also...

- Join us on Facebook at <u>www.facebook.com/ltccc</u>
- Follow us on **Twitter** at <u>www.twitter.com/LTCconsumer</u>
- Visit us on the **Web** at <u>www.nursinghome411.org</u>.

For LTC Ombudsmen in NY State

If you would like us to let your supervisor know that you attended this training program, please take the quick survey at:

www.surveymonkey.com/r/ltccc-ltcop1

For Family Members in NY State

connect with the Alliance of NY
Family Councils at
www.anyfc.org (or email info@anyfc.org).



Comments?

Next Program: January 16 at 1pm Eastern.

Topic: The New Nursing Home Survey: What to Expect When Your Nursing Home is Inspected.